



Guthrie Ithaca Gastroenterology  
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## Esophageal Manometry

**If you use a blood thinner, (ex. Coumadin, Warfarin, Jantoven, etc.) you will need special instructions about stopping this drug before the test. The timing of this is very important; please contact the office if you have not received instructions for this.**

### PROCEDURE

A small flexible tube is placed through your nose and into your esophagus. The tube is very flexible, your nose will be numbed, and a lubricant applied. The tube is placed as you swallow and tube is attached to a computer that will measure the pressure of your esophagus as you swallow. The test takes about an hour.

### PREPARATION

1. Have nothing to eat or drink 8 hours before your scheduled appointment time.
2. Some medications can interfere with the results of this test, please discuss the use of calcium channel blockers (a form of blood pressure or heart medicine), antispasmodics, or antidepressants with your doctor.

### AFTER THE PROCEDURE

1. You may resume your normal activities.
2. The results will be reviewed and given to you at another appointment with you doctor.

### PLEASE NOTE:

Certain insurance companies may consider the above service as a surgical procedure. Please contact your insurance carrier for coverage information. Precertification may be required.