

HealthWorks Wellness and Fitness Center

Updated Mask Guidelines

Effective Monday, December 13, 2021

After reviewing new masking guidelines issued by New York State, HealthWorks Wellness and Fitness Center will be updating our guidelines as follows:

- **Masks will be required at all times while indoors** for all HealthWorks visitors and staff, regardless of vaccination status.
- Please come prepared with your own suitable mask. Bandanas and neck gaiters will not be permitted.
- If you are medically unable to tolerate a face covering, please call 607-937-5555 to let us know. We can place your account on “Medical Freeze” until masking guidelines are lifted or until you are able to tolerate a mask.
- When using the pool at HealthWorks, please wear a mask in the pool area, and remove the mask before entering the water. Visitors must put masks back on after exiting the pool.

Thank you for your cooperation.



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