

2026 Healthcare Appreciation Week

Guthrie Southport

Spirit Week Theme:
Wacky Hair

Monday, May 11

Mission & Meaning Day
"Why I Care" Board:

Write a short phrase about why you work in healthcare on big post it in break room.
Breakfast Pizza in the break room

Spirit Week Theme:
Silly Socks

Tuesday, May 12

Smiles & morale: Lets see those smiles all day long!
Taco Tuesday: Taco Bar in the break room for lunch!



Spirit Week Theme:
Fan Day
(sports, music,
superheroes, etc.)

Wednesday, May 13

Fun, creativity, and team connection
Bingo throughout the day!
Coloring Contest!
Snacks in breakroom

Spirit Week Theme:
Duo Day
(twins/matching)

Thursday, May 14

Sports Theme Day
Wear your favorite team shirt or jersey
Sports Trivia
Ice Cream Floats



Spirit Week Theme:
Guthrie T-shirt

Friday, May 15

Luau/Hawaiian Day
Breakfast in the breakroom