

2026 HEALTHCARE WEEK

May 11 - May 15



GUTHRIE TROY
COMMUNITY
HOSPITAL

MAY 11 – MONDAY

- **Guthrie Spirit Week: Wacky Hair Day**
 - Start the week with fun colors, pigtails, or wild styles. Please remember to keep your look fun but professional and safe for your specific work unit.
- **GTCH Scavenger Hunt**
 - Find hidden items throughout the hospital. Winners will receive awardco points at end of week.
- **GTCH Massage Therapist**
 - Located in the Troy Conference Room from 630am-9am & 12pm-230pm
- **GTCH Basket Raffle Sales**
 - Ticket sales will be from 10 am to 2 pm outside cafeteria / in main hallway
 - Tickets \$ 1.00 per / \$5.00 for 6

MAY 12 – TUESDAY

- **Guthrie Spirit Week: Silly Sock Day**
 - This is a highly inclusive day that allows everyone to participate regardless of their position or uniform requirements, as silly socks can easily be hidden under scrubs or pants.
- **GTCH Free Caregiver Meal**
- **GTCH Picnic Event @ Picnic Benches / Garden**
 - Rising Professionals Network RPN cornhole boards
 - Music
 - Please bring your own chairs
- **GTCH Basket Raffle Sales 10am - 2pm**

MAY 14 – THURSDAY

- **Guthrie Spirit Week: Duo Day**
 - Pair up with a coworker and become twins for a day. Match your outfits or wear coordinating colors to show your team spirit.
- **GTCH MK Bubble Drinks Truck**
 - 10 am to 4 pm
- **GTCH Massage Therapist**
 - Located in Troy Conference Room from 630am-9am & 4pm-8pm
- **GTCH Basket Raffle Sales 10am - 2pm**

**DAILY GUTHRIE SWAG
BAG DRAWING @ 1PM**

MAY 13 – WEDNESDAY

- **Guthrie Spirit Week: Fan Day**
 - Wear something to support whatever you are a fan of. Show off your favorite sports team, band or superhero; just make sure your gear remains work appropriate.
- **GTCH Johnny D's Ice Cream Truck**
 - Free ice cream from 3 pm to 4pm
 - Free ice cream treat for night shift
- **GTCH Massage Therapist**
 - Located in Troy Conference Room from 630am-9am & 4pm-8pm
- **GTCH "Strike a Pose" Contest**
 - Best team pose photo - submissions due Friday. Email Amber King your submission.
- **GTCH Basket Raffle Sales 10am - 2pm**

MAY 15 – FRIDAY

- **Guthrie Spirit Week: Guthrie T-Shirt Day**
 - Wrap up the week by wearing your favorite Guthrie gear. Let's celebrate Guthrie for all to hear!
- **GTCH Free Bagels and Coffee**
 - 7 am to 9 am
- **GTCH Basket Raffle Final Sale & Drawing**
 - Drawing at 1 pm

Thank you to our Guthrie Caregivers !