

Semen Specimen Collection Instructions

Important Note: All specimen containers must be labeled with both the patient's first and last names as well as a second identifier such as the patient's medical record number or date of birth. Containers without two identifiers will be rejected.

Collect seminal fluid by masturbation without aid of a lubricant directly into a clean, dry, room temperature, plastic specimen container. A specimen collected in any way other than masturbation is not acceptable because it may interfere with the test results. The use of a condom for specimen collection is not acceptable because it also may interfere with the test results.

Fertility Semen Specimen: Please call the Sayre 570-887-4719 or Corning 607-937-7271 laboratories to schedule an appointment for specimen drop-off.

- Abstain from ejaculation (sexual activity/intercourse/masturbation) for at least 48 hours but not more than 7 days before collecting this specimen.
- Urinate and wash your hands prior to specimen collection. This will prevent bacterial contamination.
- Care must be taken to collect the entire specimen in the container. Loss of the first portion of the ejaculate may result in a decreased sperm count. Do not contaminate the specimen.
- Confirm the specimen container is tightly sealed.
- The specimen must be received in the hospital laboratory within 1 hour of specimen collection.
- The specimen must be maintained at body temperature during transport. This can be accomplished by carrying the sample in an inside pocket.
- Complete the following questions and return this form with the specimen to the laboratory:

1. Patient's Name / Date of Birth: _____ / _____
2. How many days did you abstain before collecting this specimen? _____
3. How was the specimen collected? Masturbation, Other _____
4. Did you have any problems collection the specimen? Yes No
5. Is the entire specimen in the container? Yes No
6. Collection Date: _____ Time _____
7. Was the specimen exposed to cold temperatures during transport? Yes No

Post Vasectomy Semen Specimen:

- Abstain from ejaculation (sexual activity/intercourse) for at least 24 hours before collecting this specimen. However, do not abstain for longer than 3 days before specimen collection.
- Care must be taken to collect the entire specimen in the container. Loss of the first portion of the ejaculate may result in a decreased sperm count. Do not contaminate the specimen.
- Confirm the specimen container is tightly sealed.
- The specimen may be taken to any Guthrie location within 24 hours of specimen collection.
- The specimen may be stored at room temperature.

