

2026 Healthcare Appreciation Week

GMG Sayre Cardiology

Spirit Week Theme:
Wacky Hair

Monday, May 11
Wear Yellow Accessory Day

Spirit Week Theme:
Silly Socks

Tuesday, May 12
Item Hunt
Search, find, and WIN!
Wear Blue Accessory Day

Spirit Week Theme:
Fan Day
(sports, music,
superheroes, etc.)

Wednesday, May 13
Desk Stretches
Take Care of Yourself Bingo
Guided Meditation Video
Teamwork Posters Due Today!
Wear Orange Day

Spirit Week Theme:
Duo Day
(twins/matching)

Thursday, May 14
Bingo
Wear Green Accessory Day

Spirit Week Theme:
Guthrie T-shirt

Friday, May 15
Healthcare Trivia Finals
Wacky Sock Day Winner Announced
Teamwork Poster Board Winner Announced
Wear Pink Accessory Day