

# **Flexible Sigmoidoscopy Preparation Instructions**

## **DESCRIPTION:**

You will be positioned on your side on an examination table. The doctor will then insert a small and flexible tube-like instrument into your rectum to visually examine your intestine. You may experience mild discomfort, but the procedure lasts only a few minutes

## **PREPARATION:**

Purchase 2 Fleet enemas over the counter. Do not use any laxatives.

## **THE DAY BEFORE YOUR PROCEDURE:**

- **No FOOD after 6:00 pm** the evening before the procedure.
- **NOTHING BY MOUTH after MIDNIGHT on the night before the exam.**
- If your procedure is scheduled to begin in the late morning or afternoon, you may consume clear liquids up to two (2) hours prior to your arrival time.

## **THE DAY OF YOUR PROCEDURE:**

- Administer the first Fleet's enema **two hours before** leaving for the exam.
- Administer the second Fleet's enema **one hour before** leaving for your procedure.
- Take all prescription medication(s) with sips of water up to three (3) hours prior to scheduled procedure starting time.
- If your procedure is scheduled to begin later in the morning, or after noon, you may consume clear liquids up to two (2) hours prior to your arrival time.

## **Insurance Information**

Please note: some insurance companies may bill the above service as a surgical procedure. Please contact your insurance carrier for coverage details. Precertification may be required.

For billing purposes, the procedure code for a flexible sigmoidoscopy is 45330.

Billing, coverage, and good faith estimate inquiries: Please call (570) 887-6520.