

Community Health Needs Assessment (CHNA)

FY 2023-2025 Implementation Strategy

Guthrie Cortland Medical Center

134 Homer Avenue, Cortland, NY, 13045

General Information

Contact Person: Jennifer Yartym, President

Date of Written Plan: June 16, 2022

Date Written Plan was Adopted by Organization’s Authorized Governing Body: June 28, 2022

Date Written Plan was Required to be Adopted: June 30, 2022

Authorizing Governing Body that Adopted Written Plan: Guthrie Cortland Medical Center Board of Directors

Name and EIN of Hospital Organization Operating Hospital facility: Guthrie Cortland Medical Center 15-0532079

Address of Hospital Organization: 134 Homer Avenue, Cortland, NY, 13045

I. Purpose of Implementation Strategy

This Implementation Strategy has been prepared to comply with federal tax law requirements set forth in Internal revenue Code section 501(r) requiring hospital facilities owned and operated by an organization described in Code section 501(c)(3) to conduct a community health needs assessment at least once every three years and adopt an implantation strategy annually to meet the community health needs identified through the community health needs assessment. This Implementation Strategy is intended to satisfy each of the applicable requirements set forth in proposed regulations released April 2013.

II. List of Community Health Needs Identified in Written Report

List of Community Health Needs identified in CHNA Written Report, Ranked by CHNA’s Priority:

- Mental Health and Substance Use Disorder Prevention
- Prevent Tobacco Use
- Vaccine Preventable Disease
- Food Insecurity
- Physical inactivity
- Indoor Environment
- Lack of Chronic Disease Preventive Care

III. Health needs planned to be addressed by facility

List of significant health needs the facility plans to address include:

- Mental Health and Substance Use Disorder Prevention
- Prevent Tobacco Use
- Vaccine Preventable Disease

Please refer to the attached tables which provide a detailed description of intervention actions (including collaborative efforts), population description, Guthrie resources utilized, and evaluation tools by measurable effectiveness criteria. These tables are stratified by priority health need.

IV. Health needs facility does not plan to address

List of significant health needs the facility does not plan to address include:

- Food Insecurity
- Physical inactivity
- Indoor Environment
- Lack of Chronic Disease Preventive Care

Due to available resources these needs will not be addressed through an implementation strategy in the subsequent fiscal years.

**FY2023-2025 Guthrie Cortland Medical Center Implementation Strategy:
Mental Health and Substance Use Disorder Prevention
Goal #1: Prevent Opioid and Other Substance Misuse and Death**

	Intervention Description	Population Description	Effect Measure	Evaluation of Intervention	Program Frequency
Intervention #1	Train and equip individuals who are most likely to encounter or witness an overdose with Naloxone/Narcan. Expand targeted Naloxone distribution at discharge to include ED patients, inpatients, and behavioral health patients.	Guthrie Cortland Medical Center (GCMC) patients	# of Narcan kits distributed in ED # of Narcan kits distributed to inpatients being discharged	Increase percentage of patients seen for opioid related visit who receive Narcan and referral to community-based services	Annually
Intervention #2	Provide permanent safe drug disposal site in GCMC ED waiting room and organize and promote drug take back days in the community.	Cortland County residents	# of drug take back days lbs. of drugs collected	The frequency in which the MedSafe® drug disposal units need to be emptied will be evaluated to determine what other resources are warranted	Annually

**FY2023-2025 Guthrie Cortland Medical Center Implementation Strategy:
Mental Health and Substance Use Disorder Prevention
Goal #1: Prevent Opioid and Other Substance Misuse and Death**

	Intervention Description	Population Description	Effect Measure	Evaluation of Intervention	Program Frequency
Intervention #3	Build support systems to care for people who use substances and those at risk of overdose. Utilize electronic referral workflow from Guthrie ED to Family & Children’s Counseling Services	Guthrie Cortland Medical Center patients	# of Guthrie referrals to Family & Children’s Counseling Services	Meet quarterly with Family & Children’s Counseling Services to review referral workflow for process improvement opportunities	Annually
Intervention #4	Implement Screening, Brief Intervention, and Referral to Treatment (SBIRT) at Guthrie Cortland Medical Center	GCMC patients	# of staff trained in SBIRT # of established workflows utilizing SBIRT	Increase in % of patients seen for substance use related visit referred to treatment/ community resources.	Annually

**FY2023-2025 Guthrie Cortland Medical Center Implementation Strategy:
Mental Health and Substance Use Disorder Prevention
Goal #2: Prevent Suicide**

	Intervention Description	Population Description	Effect Measure	Evaluation of Intervention	Program Frequency
Intervention #1	Implement safer suicide care through systems changes at Guthrie Cortland Medical Center including; building design modifications that incorporate designated psych rooms in the ED and provision of necessities such as showers/nutritional area/care plan development for youth awaiting transfer, review/improve/standardize workflows for patients at risk of suicide, and collaborate with Complex Care Protocol and Crisis Intervention Team.	Guthrie Cortland Medical Center patients	# of systems changes to support safer suicide care (technology, purchases, policies, established workflows etc.), # of community meetings discussing Guthrie systems changes	Internal evaluation of workflows, adverse events and patient experience scores	Annually

**FY2023-2025 Guthrie Cortland Medical Center Implementation Strategy:
Mental Health and Substance Use Disorder Prevention
Goal #2: Prevent Suicide**

	Intervention Description	Population Description	Effect Measure	Evaluation of Intervention	Program Frequency
Intervention #2	Strengthen access and delivery of mental health and suicide care by reducing provider shortages in the community through expansion and promotion of telehealth services available to Cortland patients	Cortland County residents	# of Guthrie phone/video appointments serving Cortland County patients	Additional psychologist hired in Ithaca, NY with telehealth access in Cortland. # of systems changes to support telehealth workflow for patients in need of mental health care	Annually Ongoing
Intervention #3	Implementation of evidence-based screening using the Columbia Scale and evidence-based Stanley/Brown safety planning when discharging patients from Guthrie Cortland Medical Center ED	Guthrie Cortland Medical Center ED patients	% of patients screened with Columbia Scale in ED % of patients discharged with a safety plan % of clients screened with Columbia Scale that received a safety plan	Review workflow yearly and make process improvements. Develop workflows to refer patients to community based resources	Annually Ongoing

**FY2023-2025 Guthrie Cortland Medical Center Implementation Strategy:
Mental Health and Substance Use Disorder Prevention
Goal #2: Prevent Suicide**

	Intervention Description	Population Description	Effect Measure	Evaluation of Intervention	Program Frequency
Intervention #4	Strengthen economic supports and promote housing stabilization through Social Determinant of Health screenings and referral in Guthrie primary care settings	All Guthrie primary care patients	<p># of GCMC primary care patients reporting financial stress</p> <p># of GCMC primary care patients reporting housing instability</p> <p># of SDOH referrals completed</p>	<p>% of eligible GCMC primary care patients screened for SDOH</p> <p>Meet quarterly with community partners to identify additional resources and review referral pathways</p>	Annually

FY2023-2025 Guthrie Cortland Medical Center Implementation Strategy:

Prevent Tobacco Use

Goal: Promote Tobacco Use Cessation

	Intervention Description	Population Description	Effect Measure	Evaluation of Intervention	Program Frequency
Intervention #1	Continued development, improvement, and implementation of workflows at Guthrie Cortland Medical Center involving screening patients for tobacco use and secondhand smoke exposure, promoting tobacco cessation referral to in-house specialists, and health communications campaigns to providers and patients on benefits and resources related to tobacco cessation (future exploration of participation agreements for GCMC with CNY Regional Center for Tobacco Health Systems at St. Joseph's Health to align with other health systems in the county).	All Guthrie Cortland Medical Center and Guthrie Medical Group Cortland patients	<p># of patients screened for tobacco use</p> <p># of patient referrals to tobacco cessation</p> <p># of communications to providers related to tobacco cessation/education</p> <p># of healthcare provider referrals to quit line</p>	# of evidence based interventions/workflows established	Ongoing

FY2023-2025 Guthrie Cortland Medical Center Implementation Strategy:
Prevent Tobacco Use
Goal: Promote Tobacco Use Cessation

	Intervention Description	Population Description	Effect Measure	Evaluation of Intervention	Program Frequency
Intervention #2	Promote Employee Assistance Program and Employee Health Resources to encourage Guthrie employees to access counseling and evidenced based cessation resources	All Guthrie Cortland employees	# of communications related to EAP and tobacco cessation to GCMC staff # of tobacco cessation resources distributed from Employee Health	Review available resources and workflows yearly with Employee Health, EAP, and CNY Regional Center for Tobacco Health Systems at St. Joseph’s Health	Ongoing

**FY2023-2025 Guthrie Cortland Medical Center Implementation Strategy:
Vaccine Preventable Disease
Goal: Improve COVID-19 and Flu Vaccination Rates**

	Intervention Description	Population Description	Effect Measure	Evaluation of Intervention	Program Frequency
Intervention #1	Provide workplace flu vaccine clinics at Guthrie Cortland Medical Center and implement vaccine requirements for employees for COVID-19 and flu vaccines.	All Guthrie employees	% of employees at GCMC with exemptions # of workplace vaccine clinics held # of employees vaccinated	Yearly review of attendance at workplace flu vaccine clinics and vaccine compliance rates	Annually
Intervention #2	Continuation of medical provider vaccine standardization at Guthrie Medical Group through best practice EMR alerts to identify patients in need of, or overdue for, vaccines and establish workflows so vaccines can be provided at any primary care appointment at Guthrie Medical Group	All Guthrie primary care patients	# of clinics implementing presumptive approach to vaccination # of clinics with workflows to offer vaccines at any primary care appt	Yearly review of Guthrie Medical Group vaccination workflows	Annually

FY2023-2025 Guthrie Cortland Medical Center Implementation Strategy:

Vaccine Preventable Disease

Goal: Improve COVID-19 and Flu Vaccination Rates

	Intervention Description	Population Description	Effect Measure	Evaluation of Intervention	Program Frequency
Intervention #3	Utilize eGuthrie (patient portal) to remind patients of upcoming scheduled vaccination appointments, overdue vaccines and provide education and/or to prompt scheduling of vaccination appointments at Guthrie Medical Group	All Guthrie Medical Group patients	% of patients opted in to text message reminders	Review of best practices at Cortland County Vaccine Workgroup	Annually