

Guthrie Cancer Support and Resource Directory

Guthrie is pleased to provide this list of resources available to cancer Patients and their families. This list may not be inclusive of all services in a category or area and does not imply Guthrie endorsement of the business or service.

We recommend calling the business to inquire about services, hours of operation or for additional information. If you encounter a business or service no longer operating, please let us know by calling 570-887-4566 or e mail Corporate_Communications@guthrie.org

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Rehabilitation Services

Big Flats Specialties and Rehabilitation Services

3344 Chambers Road
Horseheads, NY 14845
607-973-8000

Cortland Medical Center Rehabilitation Services

134 Homer Avenue
Cortland, NY 13045
607-756-3606

Cortland Physical Therapy at Fisher Avenue

1259 Fisher Avenue
Cortland, NY 13045
607-753-6000

Guthrie HealthWorks Wellness & Fitness Center

9768 Liberty Drive
Painted Post, NY
607-937-4723

Guthrie Ithaca

10 Brentwood Drive
Suite B
Ithaca, NY 14850
607-266-0073

Guthrie Robert Packer Hospital

One Guthrie Square
Sayre, PA
570-887-4890

Guthrie Towanda Memorial Hospital

91 Hospital Drive
Towanda, PA
570-268-2365

Guthrie Troy Community Hospital

275 Guthrie Drive
Troy, PA
570-297-9262

Pro Rehabilitation Services

66 East Tioga St Suite
Tunkhannock PA 18657
570-836-1078
Fax: 570-836-4158

UPMC Medical Care

416 South Main St
Mansfield PA 16933
570-662-1900

Pulmonary Rehabilitation

Guthrie Robert Packer Hospital

One Guthrie Square
Sayre, PA
570-887-4514

Guthrie Towanda Memorial Hospital

91 Hospital Drive
Towanda, PA
570-268-2243

Speech Therapy

Guthrie Robert Packer Hospital

One Guthrie Square
Sayre, PA
570-888-6666

Guthrie Towanda Memorial Hospital

91 Hospital Drive
Towanda, PA
570-268-2385

Guthrie Troy Community Hospital

275 Guthrie Drive
Troy, PA 16947
570-297-2121

Physical Therapy

Elite Therapy NY

133 N Main St
Horseheads, NY 14845
607-739-1700

Peak Performance Physical Therapy

115 Hickories Park Rd
Owego, NY 13827
607-687-7645
Fax: 607-687-7646
www.peakptandfitness.com

Phoenix Rehabilitation

127 North Main St
Mansfield PA 16933
570-662-2317

Pivot Physical Therapy

Athens, PA
570-888-0057
www.pivotphysicaltherapy.com

Pivot Physical Therapy

298 West South Avenue
Canton, PA
570-673-5551
Fax:570-673-5552

Pivot Physical Therapy

Montrose, PA
570-278-1101

Pivot Physical Therapy

Towanda, PA
570-265-7688

Pivot Physical Therapy

Troy, PA
570-297-2774

Pivot Physical Therapy

25 West Street
Tunkhannock, PA 18657
570-996-6200
Fax: 570-996-6201

Pivot Physical Therapy

Wyalusing, PA
570-746-0504

Lymphedema Supplies

Everything Medical
www.everything-medical.com

Locations:

7108 East Washington St Extension
Bath NY 14810
607-776-8000
Fax 607-776-5588

109 Chemung St
Corning NY 14830
607-936-2044
Fax 607-962-6609

Med Supply Depot

360 West Pulteney Street
Corning, NY 14830
607-962-5205

Med Supply Depot

1 Guthrie Square
Sayre, PA 18840
570-887-2203

Med Supply Depot

402 3rd Street
Ithaca, NY 14850
607-273-4727

Med Supply Depot

1393 Elmira Street
Sayre, PA 18840
570-888-3488

Med Supply Depot

124 Colonial Drive
Towanda, PA 18848
570-268-2140

Med Supply Depot

24 Plaza Lane
Wellsboro, PA 16901
570-723-8720

Tactile Medical

Home Therapy Device
1331 Tyler St NE, Suite 200
Minneapolis, MN 55413
866-435-3948
Fax: 866-435-3949
www.tactilemedical.com

YWCA Pink Boutique

211 Lake St
Elmira NY
607-733-5575
www.ywcaelmira.org

Durable Medical Equipment (DME)**Endless Mountains Brace, Mobility, & Respiratory**

6819 Fall Brook,
Troy, PA 16947
570-297-2993
Fax: 570-297-2693
Email: embm@epix.net
Fax: 570-297-2693

Everything Medical

www.everything-medical.com

Locations:

7108 East Washington St Extension
Bath NY 14810
607-776-8000
Fax 607-776-5588

109 Chemung St
Corning NY 14830
607-936-2044
Fax 607-962-6609

HUB'S Medical Supply

Wellsboro, PA
570-724-1515
Fax 570-724-1654

J&B Medical Supply Co.

800-737-0045
Fax 800-737-0012
www.jandbmedical.com

National Seating and Mobility

117 N Keystone Ave
Sayre PA 18840
570-882-7436
Alternate Phone: 833-289-1020

Fax: 570-882-7438
www.nsm-seating.com

Med Supply Depot
360 West Pulteney Street
Corning, NY 14830
607-962-5205

Med Supply Depot
1 Guthrie Square
Sayre, PA 18840
570-887-2203

Med Supply Depot
402 3rd Street
Ithaca, NY 14850
607-273-4727

Med Supply Depot
1393 Elmira Street
Sayre, PA 18840
570-888-3488

Med Supply Depot
124 Colonial Drive
Towanda, PA 18848
570-268-2140

Med Supply Depot
24 Plaza Lane
Wellsboro, PA 16901
570-723-8720

UHS Professional Home Care Ithaca
222 Elmira Road, Suite 4
Ithaca Shopping Plaza
Ithaca, NY 14850
Main: 607-257-1425
Alternate: 800-361-1376
Fax: 607-257-1389

UHS Home Care
601 Riverside Drive
Johnson City, NY 13790
Main: 607-763-5600
Fax: 607-763-5582

Fitness Centers

Court Jester - East

67 Robinson St
Binghamton NY 13901
607-723-2522

Court Jester - West

216 Reynolds RD
Johnson City NY 13790
607-729-3332

Elite Therapy NY

133 N Main St
Horseheads, NY 14845
607-739-1700

Elmira Fitness Center

192 Daniel Zenker Dr
Big Flats NY
607-733-0145
www.elmirafitness.com

Fitness With Friends

211 Desmond St
Sayre PA 18840
570-260-6800
www.fitnesswithfriendsgym.com

GSR Fit

47 Riverside Dr
Johnson City NY 13790
607-341-0296

Healthworks Wellness & Fitness Center

9768 Liberty Drive
Painted Post, NY 14870
607-937-5555

Jim's Gym/Crossfit 607

754 Baldwin St
Elmira NY 14901
607-735-7989

Journey Fitness Corning

32 Bridge St
Corning, NY 14830
(607) 973-2187

Journey Fitness Sayre

114 Desmond St
Sayre, Pennsylvania 18840
(570) 731-4587

Journey Fitness Ithaca

15 Catherwood Road
Lansing, NY 14850
607-257-2700

New Image

307 Broad St
Waverly, NY 14892
(607) 565-4439

Planet Fitness

3339 Chambers Rd
Horseheads NY 14845
607-846-3130

Planet Fitness

43 Catherwood Rd
Ithaca NY 14850
607-319-0763

Planet Fitness

4700 Vestal Parkway East
Vestal NY
607-644-9089

Tioga Tae Kwon Do

210 Broad St
Waverly NY 14892
607-565-2973

Bone Builders

Chemung County contact CVAC for locations and enrollment information 607-734-4453

Steuben County contact ProAction for information 607-776-2125 or 1-800-553-2033

Bradford County YMCA

9 College Avenue
Towanda, PA 18848
570-268-9622

West Branch YMCA

740 Main St
Johnson City, NY 13790-1744
607-770-9622

YMCA of Broome County

61 Susquehanna St
Binghamton, NY 13901-3705
607-772-8984
607-772-0560

Corning Community YMCA Branch

127 Centerway
Corning, NY 14830-2262
607-936-4638

Tioga County Branch YMCA

40-42 Besanceney Dr
Mansfield, PA 16933-
570-662-2999

Ithaca & Tompkins County YMCA

50 Graham Road West
Ithaca, NY 14850-1085
607-257-0101

Cortland County Family YMCA

22 Tompkins St
Cortland, NY 13045-2541
607-756-2893

Yoga**Finger Lakes Cancer Resource Center**

612 W State St
Ithaca, NY 14850
(607) 277-0960
www.crcfl.net

Heart to Heart Yoga & Healing

315 West Water St.
Elmira, NY 14901
Phone: 607-742-9682
www.yogahearttoheart.com

Yoga 101

315 South Main St
Athens PA 18810
607-425-1340

Zen Den Yoga & Wellness Center

204 Desmond St
Sayre PAA 18840
443-804-9203

Massage**Finger Lakes Cancer Resource Center**

612 W State St
Ithaca, NY 14850
(607) 277-0960
www.crcfl.net

Emerge Healing Arts

28 Central Ave
Wellsboro PA 16901
570-360-8180

Stiletto's

150 Broad St
Waverly, NY
(607) 565-2360

Reflexology**Emerge Healing Arts**

28 Central Ave

Wellsboro PA 16901
570-360-8180

Ginny Mainus

11 West Main St
Galeton PA 16922
607-207-1711

Nutritional Counseling**Guthrie Clinic**

105 Desmond Street
Sayre, PA 18840
570-887-2832

Palliative Care**Guthrie Clinic**

1 Guthrie Sq
Sayre, PA 18840
570-887-2853

Guthrie Clinic

Corning NY
607-937-3100

Care First

11751 East Corning Rd
Corning NY 14830
607-962-3100
Corning NY

UPMC Health

24 Walnut St
Wellsboro PA
570-723-3967
susquehannahealth.org

Smoking Cessation**Freedom From Smoking** (for cancer Patients)

1 Guthrie Sq
Sayre PA 18840
570-887-2721

Freedom From Smoking (for Patients and community members)

1 Guthrie Sq
Sayre PA 18840
570-887-4514

PA Quitline

1-800-QUIT-NOW (784-8669)
PAquitlogix.org

NY Quitline

1-866-NY-QUITS (1-866-697-8487)
www.nysmokefree.com

Wigs/Head Coverings

Guthrie Clinic Cancer Center
1 Guthrie Square
Sayre PA 18840

Guthrie Clinic Cancer Center
1 Guthrie Dr
Corning NY 14830

Hairy Bean Wig Boutique

122 W 14th St
Elmira Heights NY 14903
607-734-5474

Finger Lakes Cancer Resource Center

612 W State St
Ithaca, NY 14850
(607) 277-0960
www.crcfl.net

YWCA Pink Boutique

211 Lake St
Elmira NY
607-733-5575
www.ywcaelmira.org

Support Groups

Finger Lakes Cancer Resource Center

612 W State St
Ithaca, NY 14850
(607) 277-0960
www.crcfl.net

Guthrie Clinic

Cancer Center
1 Guthrie Sq
Sayre PA 18840
570-887-2853

CancerCare

800-813-4673
www.cancercares.org

Transportation

American Cancer Society

Road to Recovery
800-227-2345
Fax: 100-620-3702

BeST Transit

27824 Route 220
Athens PA 18810
570-888-7300
800-242-3484
Fax: 570-888-8713
www.goBeSTtransit.com

BeST Transit

978 South Main St
Mansfield PA 16933
570-659-5330
Fax: 570-659-5324
www.goBeSTtransit.com

Canyon Country Cabs

11960 Route 6
Wellsboro PA 16901
570724-2424
info@canyoncountrycabs.com

Chemung County Transit

1201 Clemens Center Parkway
Elmira NY 14901
607-734-5211

Ithaca Dispatch Cab Company

607-277-7777
607-277-8294
607-277-2227
607-272-3333

Totem Taxi

105 West Third St
Elmira NY 14901
607-734-6161
Valley Taxi
570-888-2365

Yellow Cab

442 State St
Binghamton NY 13901
607-732-2322

NY Medicaid Transportation Line

Broome County
855-852-3294

Chemung County
855-733-9399

Steuben County
855-733-9401

Tioga County
855-733-9398

Tompkins County
866-753-4543

Additional county numbers can be found at
www.medanswering.com/locations/nys/

Ramps

Hezekiah's Hands

Bradford County PA
570-265-3767

First Ward Action Council

Binghamton NY
607-772-2850

Ramp It Up – Broome Council of Churches

607-724-9130