

Guthrie Cancer Support and Resource Directory

Guthrie is pleased to provide this list of resources available to cancer Patients and their families. This list may not be inclusive of all services in a category or area and does not imply Guthrie endorsement of the business or service.

We recommend calling the business to inquire about services, hours of operation or for additional information. If you encounter a business or service no longer operating, please let us know by calling 570-887-4566 or e mail Corporate_Communications@guthrie.org

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Cardiac Rehabilitation

Guthrie HealthWorks Wellness & Fitness Center

9768 Liberty Drive
Painted Post, NY
607-937-4723

Guthrie Robert Packer Hospital

One Guthrie Square
Sayre, PA
570-887-4890

Guthrie Towanda Memorial Hospital

91 Hospital Drive
Towanda, PA
570-268-2365

Guthrie Troy Community Hospital

275 Guthrie Drive
Troy, PA
570-297-9262

Pulmonary Rehabilitation

Guthrie Robert Packer Hospital

One Guthrie Square
Sayre, PA
570-887-4514

Guthrie Towanda Memorial Hospital

91 Hospital Drive
Towanda, PA
570-268-2243

Occupational Therapy

Guthrie Robert Packer Hospital

One Guthrie Square
Sayre, PA
570-888-6666

Guthrie Troy Community Hospital

275 Guthrie Drive
Troy, PA 16947
570-297-2121

Guthrie Towanda Memorial Hospital

91 Hospital Drive
Towanda, PA
570-265-2209

Sayre

One Guthrie Square
Sayre, PA 18840
570-888-5858

Towanda Colonial Drive

132 Colonial Drive
Towanda, PA 18848
570-265-6165

Speech Therapy

Guthrie Robert Packer Hospital

One Guthrie Square
Sayre, PA
570-888-6666

Guthrie Towanda Memorial Hospital

91 Hospital Drive
Towanda, PA
570-268-2385

Guthrie Troy Community Hospital

275 Guthrie Drive
Troy, PA 16947
570-297-2121

Healthworks Wellness and Fitness Center

9768 Liberty Drive
Painted Post, NY 14870
607-937-5555

Physical Therapy

Elite Therapy NY

133 N Main St
Horseheads, NY 14845
607-739-1700

Guthrie Robert Packer Hospital

One Guthrie Square
Sayre, PA 18840
570-888-6666

Guthrie Towanda Memorial Hospital

91 Hospital Drive
Towanda, PA 18848
570-265-2209

Guthrie Troy Community Hospital

275 Guthrie Drive
Troy, PA 16947
570-297-2121

Guthrie Ithaca

1780 Hanshaw Road
Ithaca, NY 14850
607-257-5858

Guthrie Sayre

One Guthrie Square
Sayre, PA 18840
570-888-5858

Guthrie Towanda Colonial Drive

132 Colonial Drive
Towanda, PA 18848
570-265-6165

Peak Performance Physical Therapy

115 Hickories Park Rd
Owego, NY 13827
607-687-7645
Fax: 607-687-7646
www.peakptandfitness.com

Phoenix Rehabilitation

127 North Main St
Mansfield PA 16933
570-662-3269

Pivot Physical Therapy

Athens, PA
570-888-0818
www.pivotphysicaltherapy.com

Pivot Physical Therapy

Towanda, PA
570-265-7688

Pivot Physical Therapy

Wyalusing, PA
570-746-0504

Pivot Physical Therapy

Troy, PA
570-297-2774

Pivot Physical Therapy

Montrose, PA
570-278-1101

Pivot Physical Therapy

25 West Street
Tunkhannock, PA 18657
570-996-6200
Fax:570-996-6201

Pivot Physical Therapy

298 West South Avenue
Canton, PA 17724
Phone:570-673-5551
Fax:570-673-5552

Pro Rehabilitation Services

66 East Tioga St Suite
Tunkhannock PA 18657
570-836-1078
Fax: 570-836-4158
Additional locations:
Plains, PA
Hanover Township, PA
Moosic, PA
Hazleton, PA
Berwick, PA
Clarks Summit, PA
Mountain Top, PA

UPMC Medical Care

416 South Main St
Mansfield PA 16933
570-662-1900

Fitness Centers

Court Jester - East

67 Robinson St
Binghamton NY 13901
607-723-2522

Court Jester - West

216 Reynolds RD
Johnson City NY 13790
607-729-3332

Crossfit 29:11

93 Ellistown Rd
Waverly NY 14895
607-857-5713

Elite Therapy NY

133 N Main St
Horseheads, NY 14845
607-739-1700

Elmira Fitness Center

192 Daniel Zenker Dr
Big Flats NY
607-733-0145
www.elmirafitness.com

Fitness With Friends

211 Desmond St
Sayre PA 18840
570-260-6800
www.fitnesswithfriendsgym.com

GSR Fit

47 Riverside Dr
Johnson City NY 13790
607-341-0296

Healthworks Wellness & Fitness Center

9768 Liberty Drive
Painted Post, NY 14870
607-937-5555

Jim's Gym/Crossfit 607

754 Baldwin St
Elmira NY 14901
607-735-7989

Journey Fitness

2084 College Ave
Elmira NY 14903
607-735-0333

Journey Fitness Corning

32 Bridge St
Corning, NY 14830
(607) 973-2187

Journey Fitness Sayre

114 Desmond St
Sayre, Pennsylvania 18840
(570) 731-4587

Journey Fitness Ithaca

15 Catherwood Road
Lansing, NY 14850
607-257-2700

New Image

307 Broad St
Waverly, NY 14892
(607) 565-4439

Planet Fitness

3339 Chambers Rd
Horseheads NY 14845
607-846-3130

Planet Fitness

43 Catherwood Rd
Ithaca NY 14850
607-319-0763

Planet Fitness

4700 Vestal Parkway East
Vestal NY
607-644-9089

RTG Training and Performance

423 South Main St
Athens, PA 18810
607-228-8980
www.rtgtraining.com

Tioga Tae Kwon Do

210 Broad St
Waverly NY 14892
607-565-2973

Waverly Fitness Center

70 Broad St
Waverly NY 14892
607-742-8838

Bone Builders

ProAction of Steuben and Yates, Inc
800-553-2033
607-776-2125

Bone Builder Locations:

Addison Place Community Room
43 William St.

Arkport Village Hall Community Room
6 Park Ave

Bone Builders – cont.

Jacob's Ladder Unite Methodist Church
8593 Jacob's Ladder Road
Avoca NY

VA Center Hospital Bldg Room 311
76 Veterans Ave
Bath NY

Wildflower Hill Community Center
7404 E Wildflower Way
Bath NY

ProAction of Steuben and Yates, Inc
800-553-2033
607-776-2125

Buena Vista Wesleyan Church
6034 County Rt 69
Canisteo NY

Town Hall
8529 Main St
Campbell NY

Galeazzo Building
10 Maple St
Canisteo NY

Canisteo Manor
11 Fifth St
Canisteo NY

Cohocton Public Library
8 Maple Ave

Senior Center
1 Park Lane
Corning NY

First Congregational United Church of Christ
171 Pulteney St
Corning NY

St Gabriel's Church Basement
78 Shether St
Hammondsport NY

Hornell First Baptist Church
28 Church St

New Hope Wesleyan Church
280 Grand St
Hornell NY

Senior Center
20 Broadway Mall
Hornell NY

Lakeview Apartments Community Room
105 Geneva St
Bath NY

United Church of Painted Post
201 N Hamilton St

Colonial Square Senior Apartments
110 Creekside Dr
Painted Post NY

United Methodist Church
4 Porter St
Prattsburgh NY

Fire Station Community Hall
8875 Brown Rd
Pulteney NY

Library
101 West Naples St
Wayland, NY

Seventh Day Adventist Church
313 Third Ave
Wayland NY

Town Hall
1585 Academy St
Woodhull NY

YMCA's

Bradford County YMCA

9 College Avenue
Towanda, PA 18848
570-268-9622

West Branch YMCA

740 Main St
Johnson City, NY 13790-1744
607-770-9622

YMCA of Broome County

61 Susquehanna St
Binghamton, NY 13901-3705
607-772-8984
607-772-0560

Corning Community YMCA Branch

127 Centerway
Corning, NY 14830-2262
607-936-4638

Tioga County Branch YMCA

40-42 Besanceney Dr
Mansfield, PA 16933-
570-662-2999

Ithaca & Tompkins County YMCA

50 Graham Road West
Ithaca, NY 14850-1085
607-257-0101

Cortland County Family YMCA

22 Tompkins St
Cortland, NY 13045-2541
607-756-2893

Durable Medical Equipment (DME)

Endless Mountains Brace, Mobility, & Respiratory

6819 Fall Brook,
Troy, PA 16947
570-297-2993
Fax: 570-297-2693
Email: embm@epix.net
Fax: 570-297-2693

Everything Medical

www.everything-medical.com

Locations:

7108 East Washington St Extension
Bath NY 14810
607-776-8000
Fax 607-776-5588

109 Chemung St
Corning NY 14830
607-936-2044
Fax 607-962-6609

HUB'S Medical Supply

Wellsboro, PA
570-724-1515
Fax 570-724-1654

J&B Medical Supply Co.

800-737-0045
Fax 800-737-0012
www.jandbmedical.com

Lourdes Health Support

1155 Front St
Binghamton NY 13905
607-724-0115
(better beds)

National Seating and Mobility

117 N Keystone Ave
Sayre PA 18840
570-882-7436
Alternate Phone: 833-289-1020
Fax: 570-882-7438
www.nsm-seating.com

Med Supply Depot

360 West Pulteney Street
Corning, NY 14830
607-962-5205

Med Supply Depot

1 Guthrie Square
Sayre, PA 18840
570-887-2203

Med Supply Depot

402 3rd Street
Ithaca, NY 14850
607-273-4727

Med Supply Depot

1393 Elmira Street
Sayre, PA 18840
570-888-3488

Med Supply Depot

124 Colonial Drive
Towanda, PA 18848
570-268-2140

Med Supply Depot

24 Plaza Lane
Wellsboro, PA 16901
570-723-8720

UHS Professional Home Care Ithaca

222 Elmira Road, Suite 4
Ithaca Shopping Plaza
Ithaca, NY 14850
Main: 607-257-1425
Alternate: 800-361-1376
Fax: 607-257-1389

UHS Home Care

601 Riverside Drive
Johnson City, NY 13790
Main: 607-763-5600
Fax: 607-763-5582

Lymphedema Supplies

Everything Medical

www.everything-medical.com

Locations:

7108 East Washington St Extension
Bath NY 14810
607-776-8000
Fax 607-776-5588

109 Chemung St
Corning NY 14830
607-936-2044
Fax 607-962-6609

Med Supply Depot

360 West Pulteney Street
Corning, NY 14830
607-962-5205

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1 Guthrie Square
Sayre, PA 18840
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402 3rd Street
Ithaca, NY 14850
607-273-4727

Med Supply Depot

1393 Elmira Street
Sayre, PA 18840
570-888-3488

Med Supply Depot

124 Colonial Drive
Towanda, PA 18848
570-268-2140

Med Supply Depot

24 Plaza Lane
Wellsboro, PA 16901
570-723-8720

Tactile Medical

Home Therapy Device
1331 Tyler St NE, Suite 200
Minneapolis, MN 55413
866-435-3948
Fax: 866-435-3949
www.tactilemedical.com

YWCA Pink Boutique

211 Lake St
Elmira NY
607-733-5575
www.ywcaelmira.org

Wigs/Head Coverings

American Cancer Society

Guthrie Clinic Cancer Center
1 Guthrie Square
Sayre PA 18840

American Cancer Society

Guthrie Clinic Cancer Center
1 Guthrie Dr
Corning NY 14830

Hairy Bean Wig Boutique

122 W 14th St
Elmira Heights NY 14903
607-734-5474

Finger Lakes Cancer Resource Center

612 W State St
Ithaca, NY 14850
(607) 277-0960
www.crcfl.net

YWCA Pink Boutique

211 Lake St
Elmira NY
607-733-5575
www.ywcaelmira.org

Massage

Finger Lakes Cancer Resource Center

612 W State St
Ithaca, NY 14850
(607) 277-0960
www.crcfl.net

Emerge Healing Arts

28 Central Ave
Wellsboro PA 16901
570-360-8180

Guthrie Towanda Memorial Hospital

just off Hospital Drive
570-268-2386

Stiletto's

150 Broad St
Waverly, NY
(607) 565-2360

Reflexology

Emerge Healing Arts

28 Central Ave
Wellsboro PA 16901
570-360-8180

Ginny Mainus

11 West Main St
Galeton PA 16922
607-207-1711

Yoga

Finger Lakes Cancer Resource Center

612 W State St
Ithaca, NY 14850
(607) 277-0960
www.crcfl.net

Heart to Heart Yoga & Healing

315 West Water St.
Elmira, NY 14901
Phone: 607-742-9682
www.yogahearttoheart.com

Yoga 101

315 South Main St
Athens PA 18810
607-425-1340

Zen Den Yoga & Wellness Center

204 Desmond St
Sayre PAA 18840
443-804-9203

Nutritional Counseling

Guthrie Clinic

105 Desmond Street
Sayre, PA 18840
570-887-2832

CancerCare

800-813-4673
www.cancercare.org

Palliative Care

Care First
11751 East Corning Rd
Corning NY 14830
607-962-3100
Corning NY

UPMC Health

24 Walnut St
Wellsboro PA
570-723-3967
susquehannahealth.org

Smoking Cessation

Freedom From Smoking (for cancer Patients)

1 Guthrie Sq
Sayre PA 18840
570-887-2721

Freedom From Smoking (for Patients and community members)

1 Guthrie Sq
Sayre PA 18840
570-887-4514

PA Quitline

1-800-QUIT-NOW (784-8669)
PAquitlogix.org

NY Quitline

1-866-NY-QUITS (1-866-697-8487)
www.nysmokefree.com

Support Groups

Finger Lakes Cancer Resource Center

612 W State St
Ithaca, NY 14850
(607) 277-0960
www.crcfl.net

Guthrie Clinic

Cancer Center
1 Guthrie Sq
Sayre PA 18840
570-887-2853

Transportation

American Cancer Society

Road to Recovery
800-227-2345
Fax: 100-620-3702

BeST Transit

27824 Route 220
Athens PA 18810
570-888-7300
800-242-3484
Fax: 570-888-8713
www.goBeSTtransit.com

BeST Transit

978 South Main St
Mansfield PA 16933
570-659-5330
Fax: 570-659-5324
www.goBeSTtransit.com

Canyon Country Cabs

11960 Route 6
Wellsboro PA 16901
570724-2424
info@canyoncountrycabs.com

Chemung County Transit

1201 Clemens Center Parkway
Elmira NY 14901
607-734-5211

Ithaca Dispatch Cab Company

607-277-7777
607-277-8294
607-277-2227
607-272-3333

Totem Taxi

105 West Third St
Elmira NY 14901
607-734-6161
Valley Taxi
570-888-2365

Yellow Cab

442 State St
Binghamton NY 13901
607-732-2322

NY Medicaid Transportation Line

Broome County
855-852-3294

Chemung County
855-733-9399

Steuben County
855-733-9401

Tioga County
855-733-9398

Tompkins County
866-753-4543

Additional county numbers can be found at
www.medanswering.com/locations/nys/

Ramps

Hezekiah's Hands

Bradford County PA
570-265-3767

First Ward Action Council

Binghamton NY
607-772-2850

Ramp It Up – Broome Council of Churches

607-724-9130