

2026 Healthcare Appreciation Week

Guthrie Big Flats Specialty Office

Spirit Week Theme:
Wacky Hair

Monday, May 11

Coffee Bar
Bingo
Food Truck My EVA 11 a.m. to 2 p.m.
Wear Yellow Day

Spirit Week Theme:
Silly Socks

Tuesday, May 12

Bagel Day
Guess how many?!?!?!?!?
Get in on the wordsearch
Wear Blue Day

Spirit Week Theme:
Fan Day
(sports, music,
superheroes, etc.)

Wednesday, May 13

Desk Stretches
Stress-Relief/Self-Care Bingo
Guided Meditation Video
Teamwork Posters Due Today!

Spirit Week Theme:
Duo Day
(twins/matching)

Thursday, May 14

Catered Lunch
Complete your puzzle
Wear Green Day



Spirit Week Theme:
Guthrie T-shirt

Friday, May 15

Silly Sock Day Winner Announced
Teamwork Poster Board Winner Announced
Ice Cream
Wear Pink Day

