



2021 DONOR REPORT

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# Letter from the CEO

When I started as your Guthrie Clinic CEO and President last fall, I embarked on a listening tour – more than 900 miles across the region – meeting with thousands of our caregivers in their practice settings throughout the health system. I learned a lot. Our people relayed to me their strong connection to our mission, ultimately seeing themselves as caregivers rather than employees. They described a laser focus on patients and a strong desire to give the best of themselves to their patients, colleagues, and the communities in which they live and work.

Care quality and patient experience remain fundamental Harbor medical facility. to our success. I could not be more thrilled with the quality of care our teams provide. Their dedication and investment Donor support has enabled Guthrie to accomplish amazing in our goal to be the community's most trusted health things for our patients and communities. As a nonprofit care partner is inspiring. We are moving toward the future – system, every gift is translated back to the health care and services our community needs. together – with a shared mission to improve access and equity and provide the highest quality of care for We are moving forward on our journey to deliver exceptional our patients.

Ultimately, we all want the Guthrie Clinic to be the place where we would choose to go for care and where we would send our families. Providing safe, high-guality patient care is essential and is indeed job number one. Our strong focus on and commitment to quality improvement is demonstrated by our recent safety grades and quality scores. Executive rounding has become part of our leadership standard so we can see how things are going, give caregivers a chance to voice their thoughts and concerns, and implement their innovative ideas. To offer our patients the best possible care, Guthrie must attract, train, and retain top physicians and advanced practice providers. Our education programs are highly competitive, allowing us the privilege to train some of the brightest minds in the region. We now offer eight residencies and three fellowships, representing one of the largest training footprints in any rural health system in the country.

Most of all, we must continue to make care accessible across our 9,000-square-mile service footprint – one of the largest of any health system. That's why we're expanding care throughout the communities we serve and moving forward with providing same-day access across our primary care practices.



Our generous donors allow us the opportunity for expansion, so we can improve patients' health and quality of life with much-needed care that is convenient. Our most recent campaign, Forward Together, with over 9,000 donations equaling more than \$15 million, enabled us to directly improve care in our communities as we opened the Taylor Family Emergency Department, our new Heart and Vascular Center, and the Newman W. Benson Acute Rehabilitation Unit at Guthrie Robert Packer Hospital; the Guthrie East Corning Medical Office Building; the Renzi Cancer Center at Guthrie Cortland Medical Center; and the Ithaca City

care across the system – innovating and evolving to provide that care when, where, and how patients need it, promoting availability and affordability along the way. We are so fortunate to have a clear mission and a foundation of support to keep us rock-solid and growing.

Thank you for all you do to keep the Guthrie Clinic great!

Edmund Sabanegh, MD, MBA

President & CEO



## Newman W. Benson Acute **Rehabilitation Unit Offers Critically Needed Acute Inpatient Services**

For people who experience major medical trauma, rehabilitation is an important step toward recovery and regaining skills and independence. Now, that important care is available to the Towanda community.

The opening of the Newman W. Benson Acute Rehabilitation Unit at Guthrie Robert Packer Hospital's Towanda Campus in June 2021 has been a life-changer. Patients recovering from or managing the effects of stroke, brain injury, neurological conditions, orthopedic injury, hip or knee replacement, amputation, or other illnesses, injuries, and procedures can now access acute inpatient rehabilitation services close to home.

The state-of-the-art, 14,000-square-foot unit includes 15 private patient rooms, a rehabilitation gym, an adaptive daily living suite designed to help patients gain independence in activities of daily living, a spacious activity and dining area, and a family lounge. Outfitted with advanced rehabilitation equipment, the unit enhances providers' and therapists' abilities to design personalized rehabilitation treatment plans. As of May 2022, the unit is fully staffed and has admitted 200 patients. Its patient satisfaction scores and likelihood-to-recommend scores have been 100%, and when staff conduct rounds each morning, patients speak highly of the facility, staff, and rehabilitation services.

The unit's mission is to return patients to their optimum level of function and open the door to maximum independence through sustained recovery. To accomplish that, staff work to understand each patient's individual needs and goals. Once transferred to the unit, a patient's functional status is guickly assessed. Rehabilitation staff then use that assessment, along with the physician's treatment plan, to develop an individualized, interdisciplinary plan of care.

Unit staff are key to the high patient satisfaction scores and outcomes that have resulted since the unit's opening These rehabilitation professionals are specially trained to treat medically complex patients and include occupational therapists, certified occupational therapist assistants, physical therapists, certified physical therapist assistants, speech-language pathologists, nursing staff, and physicians. An on-site medical director coordinates and manages all efforts of the interdisciplinary rehabilitation team. Together, they help patients recover from their injuries, illnesses, or procedures and regain or improve functional skills such as independent walking. Treatment received in the unit minimizes their risk of readmission to the hospital due to complications that may arise during other forms of rehabilitation.

### **Patient Services Made Possible by Generous Guthrie Supporters**

The Acute Rehabilitation Unit is named in honor of the late Newman W. Benson, a well-known Wysox businessman and longtime Guthrie supporter who passed away in 2015.

His wife, Patricia Benson, provided a generous donation toward creation of the unit.

"It would give Newman great pride and comfort to know that his years of hard work and commitment will directly impact the local service region and the Towanda community he lived in and benefit the great people of his beloved Bradford County for many years to come," Patricia Benson said at the unit's official opening.

Newman W. Benson is remembered for his unwavering love for his faith, family, and his community, as well as his hard work, service to his country, and his formula for success in life. He called that formula his A.C.E. Plan, which stands for ambition, commitment, and excellence. He was also known for his very active lifestyle. He swam in Lake Wesauking from May to October and once logged 103 consecutive





"It's nice to be important, but it's more important to be nice." **NEWMAN W. BENSON** 

**MEDICAL CONDITIONS TREATED** COVID Recovery + Stroke + Trauma + Hip & Knee Repair + Generalized Weakness + Parkinsons + Amputations + Heart Attacks + Cardiac Procedures

swims in a single season. In addition to swimming, he regularly played tennis and walked everywhere. A plaque outside the unit shares two of Benson's famous sayings -"You will rust out before you wear out," and "It's nice to be important, but it's more important to be nice."

Patricia Benson has long been a loyal supporter of Guthrie and the community. She has provided financial and volunteer support for many years, and the Sayre House

 $( \Phi )$ 

**REGIONS & COUNTIES SERVED** Pittsburgh + Philadelphia + Binghamton + Williamsport + Danville + Syracuse + Rochester

of Hope, the Personal Care Home at the Guthrie Robert Packer Hospital-Towanda Campus, Guthrie Emergency Medical Services, and now the Acute Rehabilitation Unit are among her beneficiaries. She also hosted the first cultivation event to kick off Guthrie's Forward Together campaign, which raised more than \$15 million to help the health system continue to meet the ever-changing needs of its communities.

Hall of Heritage

Members of the Hall of Heritage are individuals, businesses and organizations that have helped to secure Guthrie's future by including Guthrie as a beneficiary in their will, trust, or estate as of December 31, 2021.

Estates Harley M. Albro Helen T. Allen Charlotte Angell Roger J. Armstond Cora Augaitis Annette T. Baer Mary Bahl Lawrence Bandle Donald R. Barton Caroline Baumunk Naomi Baumunk Barbara J. Becker Helen Beers Annabelle M. Bennett Robert L. Bennett, Sr. Louise E. Bishop Charlotte West Bostwick Evelyn Bowke Jeffrey D. Breed<sup>†</sup> Mary Bretz Edwin A. Bright Kenneth & Ruth Brong<sup>†</sup> Dorothy M. Brown Dorothy O. Brown Carrel Bryant Genevieve M. Burch Dr. Van A. Burd John N. & Agnes S. Burns<sup>+</sup> Virgil Cain Lucy Florence Campolete Sam & Marie A. Canedy F. Marshall Case Marion Cashady Helen F. Catley Mitchell J. Cebula Mae T. Chilsor Donald M. Clough Ralph M. Clough Dianne W. Colgar George Convngham Francis W. Cook Eva O. Coulter Harry K. Crandall, J Durwood L. Creed Evelyn H. Crofoot Bernard Davis Estate Julia A. Decke Charles K. Deegan Jane Deery Theodore DeYoung Lawrence & Doris Dippold<sup>1</sup> Treva M. Dodge Odessa Dov Margaret S. Drum Linda Duffy Florence Durkee M. Evelyn Durkin, In Memory of Mildred C. & M. Evelyn Durkin Edward C. Dydo Sophia G. Eaton Jane & the late Carl Edlund<sup>†</sup> Opal K. Egly Sandra Beers Ellis Herbert Emilson **Emily Erdman** Stephen B. Erklin Lucille T. Everet Mary F. Falsey Katharine H. Faulkner Marian Feathers

**Rennie Fenton** Kathryn C. Finch Claire D. Fitzgerald Leila C. Foote Lillie K. Ford Kate Forner Blanche Frawley Minnie G. Freedmai George B. French Edith J. Fulda Lorraine C. Gable Margaret Gallick Thomas Delavan Garrity Susan Ann Gawenu Charlotte V. Geer Dr. Werner Gerger Louise M. Gialdini Charles A. Gibson Richard E. Gilkinsor Edith Glaser Eileen Glenwright Helen A. Govern John Greatsinger Francis R. Grebe Daisy Greenberg Mr. & Mrs. Homer Gutchess<sup>†</sup> Donald Guthrie, MD Emily B. Guthrie William Harrison Donald W. Hartman<sup>3</sup> Bettina Haskins Lillian M. Haver Hilda A. Hendricks Virginia W. Herbst Dr. R. Paul Higgins, Jr.<sup>†</sup> Anna M. Hilton Margaret S. Hlywa Edna Baker Hodges Hazel Webster Holland Helen Hottenstein Virginia Pauline Stanton Hough Edna Grennel Howe Raymond Hoxsie Vesta Hunsinger Pauline Hunter Dr. John R. Iacovino John Ingham Esther Youngstrom Isaac Martha N Iver Mr. & Mrs. Robert Jacobi Harriet Jarrett Robert Jenkins Edna Jimersor J. Eunice Jobe Svlvia Iones Wallace Jones Oliver Wendell Judson Frnest I Jupenlaz Anneta B. Kapp Howard D. Kelley, MD Gladvs B. Kellv Fred N. Kinney Laura M. Klein Olive K. Knapp Ruth Kneller Edith M. Knoll Geneva A. Knol Verna W. Kraft Helen Levine Kate W. Lewis Rose S. Lewis

Thelma Lewis Carrie B. Lincoln Belle M. Litzelman Helen S. Lona Betty B. Lord Chester S. Lubak Marion G. Bennett Lynch Frank L. Malfatti, In Honor and In Loving Memory of My Mother Anita Malfatti Elizabeth B. Mallow Caroline Mangialardo Dorothy F. Mapstone George Marhoefer Helen Marhoefer Garrison & Katia Marsted<sup>1</sup> Anna E. Mason Florine McAndrew Dorothy McHugh John E. Megles Mary B. Mentze James L. Miller Bess C. Mingos Frances Montanye Dorothy Hosmer Moore G. Richard Morris\* John A. Morrison Robert W. Myers Deborah S. Nadolski Rachel Neiley Alta M. Newel Howard E. Newman, Sr Clara C. Niles Floyd S. Norton Lucille F. Noteware Grace Nottingham William O'Conno Gail & Rose Orchard\* Frederica Overton Francis C. Paddock Carl V.S. & Katherine A. Patterson Ruth Pavelsky Adeline Phillip Alberta Pierce Elizabeth R. Pierce James C. Pinkston, III Reverend Myron Plekon Belle F. Powers Emily M. Presley George G. Probst Benjamin L. Rawlins Joseph H. Reno Nicholas & Agnes Renzi Florence G. Reuter Margaret Revbold Douglas & Luanne Rich\* Thelma T. Ripley Hertha G Rockwell Robert F. Rockwell, Jr. Rachel Rood<sup>+</sup> Muriel E. Rosefield Cam & Eleanor C. Rutledge Alma M. Ryan William Joseph Savage Wilson M. Sawyer Fred J. Schaffer Elwood Scheithauer Boris Schneeberg Marian I. Schulz Lena M. Schulze

John Schwab

Lora E. Scott R. Michael Shafer & Kathleen Hennessy Elizabeth L. Shaffer Karl Shank Pauline Shipley George A. Sievers Clara Silvernai Irene Sisto Mary Blackmon Smith Abraham F. Snyder Edward R. Soia John Soja Frances C. Spear Henry F. Spear M. Josephine Squires Oliver M. Stanton Dorothy Starr<sup>†</sup> Dr. Edward F. Steinfeldt<sup>+</sup> William H. Stimming Gerald Stoker Mr. & Mrs. Dennis Stratton<sup>†</sup> Bird & Helen Sumner Mr. & Mrs. Kenneth H. Taylor, Jr.\* Dr. John M. Thomas Emily D. Thompson Robert D. Thompson Minnie S. Titus Mary Elizabeth Tompkins Edith S. Treinin George E. Trible Mildred Faulkner Truman Marie Updike Richard W. Upham Alan L. VanDerhoff Marjorie VanHensberge Elizabeth VanScoy Barbara A. Viglion Irene M. Watson The Family of Ray & Thelma M. Wenderlich Mabel S. Whitlock Minnie G. Wilson Pearl L. Wilson Hammond Withe Lois Wood Eugene & and the late Leslie Wright<sup>+</sup> Mildred Packard Wrigh Pauline Wright C. Beatrice Wrisley Irene Zacharka Endowments Annette Atkinson Education Assistance Scholarship J. Reid & Louise (Hinkson) Barton Fund for Oncology, Research & Patient Care William C Beck MD Endowment for Basic Research William C. Beck, MD, Continuing Medical Education Series The Mothers of David & Mary Bertauski "Anna & Clara" Nursing & Allied Health Scholarship Dr. Bruce Boselli Endowment Fund Chemung Canal Trust Company Research & Education Mae & Ken Chilson Scholarship Fund Harriet A. Clough Nursing

Endowment Fund Vivien B. Conklin Memorial Fund Ruth Cooley Nursing Scholarship Cortland Regional Medical Center Auxiliary Teenage Volunteer Scholarship Fund

Cortland Regional Medical Center Medical Staff Teenage Volunteer Scholarship Fund

Lata & Pramod Deshmukh Fund Ida Mary Bartlett Dildine Nursing Scholarship

The Lawrence J. Dippold Health Education Loan Program John A. Dreves Memorial Fund Kay Franklin Driscoll Nursing Fund Ellen Erickson Nursing Scholarship Pamela Lucille Everett Memorial

Scholarship Fund Anna & Sam Forcucci Teenage Volunteer Scholarship

Thomas D. and Lucille F. Garrity Family Endowment Fund General Endowment for Basic Science

Research F. Howard Glenwright Neurological

Research Naomi Gorowitz Nursing Scholarship Ronald T. Green Basic Scientific Cancer Research

Guthrie Cortland Medical Center Capital Equipment Endowment Guthrie Employee Education Fund Guthrie Nursing Scholarship Fund Guthrie One Memorial Scholarship Fund Dr. Donald Guthrie Scholarship Fund Margaret Hlywa Nursing Scholarship The Mr. & Mrs. Robert Hooey

Oncology Fund Donald V. & Marie Litzelman Hunter Memorial Scholarship

Charles J. Kelley Memorial Fund Elizabeth Sanborn LaFollette & Elizabeth LaFollette McInnis Annual

Service Award Dr. Wilfred D. Langley Memorial Fund Lorraine M. McCarthy Teenage

Volunteer Scholarsh Norma I. Jones McCurdy Student Loan Fund

Louise Buck Miller Nursing Scholarship Deb Nole Memorial Scholarship Fund of the Robert Packer Hospital/ Guthrie Auxiliary

Northern Central Bank Endowment for Research & Education Lori A. Peterson-Strollo Memorial Scholarship

Mr. & Mrs. J. Thomas Quigg Nursing & Allied Health Scholarship Doris Eike Rentschler Nursing Scholarship

Margaret E. Revnolds Scholarship Fund Kathleen & William Rich Basic Medical Research Fund

Kathleen & William Rich Nursing **Continuing Education** Frederick Rose, DDS Education Fund Lester Rosenberry, III, Clinical

Achievement Award Dr. Joseph A. Scopelliti Outstanding Clinician of the Year Award for

Guthrie Residents & Fellows Nina A. Smith Student Loan Fund Barbara St. Cyr Nursing Scholarship

Jennie & Harry Stein/Minnie L. Stein Memorial for Research Samuel & Adele Stein Research Fund L. Marilyn Taylor Memorial Scholarship Dr. John M. & Mrs. Betty A. Thomas **Endowment Fund** 

### **Naming Guthrie** as a Beneficiary

This living legacy will remind your family, friends, and community of your ongoing commitment to ensuring our region has access to the highest quality health care. Talk to a trusted financial planner and the Guthrie Resource Development staff about this easy-to-create gift that may cost nothing to establish and save your estate a great deal in taxes.

To learn more about establishing a planned gift, visit guthrielegacy.org

\* Emily Guthrie Legacy Society Member \* Charles Gibson Legacy Society Member

Marilou W. Todd (Gdovin) Endowed Scholarship James S. Ty, MD Memorial Award Dr. John Wanamaker Fund Harriet Adella Wilson Nursing Scholarship Dr. Stephen Yen Memoria Educational Fund Trusts Edgar A. Alekna Ida M Alekna J. Reid Barton Annabelle M. Bennett Robert I Rennett Sr Newman W. Benson Michael J. Bradshaw Arthur T Cantwell Helen F. Catley Stanley D. Conklin, MD Daniel J. Darcangelo Julia A. Decker Patrick A. d'Onofrio John A. Dreves Fortney & Johnson Trust Minnie G. Freedman Helene Fuld Health Trust Donald Guthrie Medical Research Emily B. Guthrie Enda Baker Hodges Hazel Webster Holland John & Charlotte Holowiak Edna Grennel Howe Kurth H. Johnson Ruth Kneller Ira M. Kropp Revocable Living Trust Mabel E. Lamberson Bert H. Lockwood Edward MacFarlane

Robert Thompson Room Endowment

Henriette Maier John J. McKinney, Jr., and Micheline A. McKinney, In Memory of John J. McKinney and Susie I. McKinney John E. Megles Frances Montanye G. Richard Morris John H. Munier Harold C. Reynolds Robert Packer Hospital School of Nursing Scholarship Trust given by the Linderman-McGlenn Families Muriel E. Rosenfield Sandra J. Roupp Trust, In Honor of Terence M. Devine, MD Frederick Sackett Elwood F. Scheithauer Elizabeth Shaffer Nancy C. Shaw The Leonard J. Stenberg Trust Winthrop Curtis Turne Dorothy E. Watkins Emma Wells Harold S. Williams Winter Memorial Trust, In Memory of William George Winter & John Robert Winter, who gave their lives for their country on August 11, 1945 Woodrow W. Wolcott Donald B. Zentmyer DB Zentmyer Unitrust & Margaret Zentmyer

### **OPTIONS FOR PLANNED GIFTS INCLUDE:**



Wills

Retirement Plans



Trusts

Life Insurance



Annuities



Real Property

How Guthrie Cares for Our Community

Each year, donors like you help us provide high-quality care to patients and families in our community, from welcoming new life into the world to providing emergency care for patients with urgent health conditions. In 2021, we received more donations than ever before, allowing us to serve even more patients in their time of need.

### THIS IS HOW WE CARED FOR OUR COMMUNITY IN 2021 -AND HOW YOU HELPED US MAKE AN IMPACT:



MORE THAN 1.5 MILLION VISITS TO GUTHRIE MEDICAL GROUP OFFICES

\$110.5 MILLION PROVIDED IN CHARITY CARE & COMMUNITY SERVICE\* \* Based on Fiscal Year 2021

TOTAL DONORS



TOTAL DONATIONS

# \$3,428,000

### **Racing to Support Our Cancer Patients – Guthrie Gallop and Turkey Trot Raise More Than \$40,000**

can bring significant financial hardship for the patient and their family.

Guthrie's Cancer Care Fund seeks to ease that burden by helping patients who receive cancer care across Gu to pay their household bills. The Cancer Care Fund wa built from the hearts and wallets of Guthrie's own staf and providers. When they saw an unmet need for their patients, they filled the gap with their own contributio and invited community donors to join the effort.

Each spring and fall, Guthrie offers two fun ways for donors to show their support – and get a healthy dose of exercise: the Guthrie Gallop and the Guthrie Sayre Turkey Trot. Proceeds from both events benefit the fur translating to financial assistance that can pay to heat a home for a patient undergoing chemotherapy, provi gas gift cards so patients can afford to get to and from their treatments, and otherwise help meet patients' financial needs while they undergo treatments and tak time to heal. In 2021, more than 7,000 patients with cancer underwent treatment at Guthrie.

On May 15, 2021, the Guthrie Gallop 5K and 10K retu to downtown Sayre, after being canceled due to pand precautions in 2020. The event raised \$10,000 to supp the Cancer Care Fund, with 250 runners participating virtually and in person. Sponsors included:

#### **PRESENTING SPONSOR**

Robert Packer Hospital Auxiliary

**PLATINUM SPONSORS** Sayre American Legion Post 283 and The Morning Times

#### **GOLD SPONSORS**

Bishop's Fulltime Portables, Guthrie Community Credit Union, Hanger Clinic, Levene Gouldin & Thompson, LLP, Simmons-Rockw and Tuscarora Wayne Insurance Company

#### **DONATION SPONSORS**

Coca-Cola, Comfort Inn & Suites, Rolling Tire Shop, and Valley Energy

**MILE MARKER SPONSOR** C&N

# Beyond the toll on a patient's physical and emotional health, a cancer diagnosis

thrie s f r	More than 700 runners completed the 15th Annual Guthrie Sayre Turkey Trot 5K run/walk on Thanksgiving Day 2021, which returned as an in-person event after being held virtually in 2020. The Turkey Trot raised more than \$30,000 for the Guthrie Cancer Care Fund,	
ons	a record for the event. Sponsors included:	
	PRESENTING SPONSOR Robert Packer Hospital Auxiliary	
2	PLATINUM SPONSOR Williams Toyota of Sayre	
nd, de	<b>GOLD SPONSORS</b> CARSTAR of Owego, Chesapeake Energy Corporation, FirstEnergy Corp., and Sayre American Legion Post 283	
า	KIDS FUN RUN SPONSOR Cabinetworks	
Ke	<b>OTHER</b> Bishop's Fulltime Portables, Bradford County Regional Arts Council, Carl Etshman Co., The Morning Times, Original Italian Pizza, Ted Clark's Busy Market, and Tops Markets	
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# **Building Upon** a Legacy of Learning

### Guthrie Robert Packer Hospital's robust medical education program has a long history.

The hospital welcomed its first intern in 1897, at a time when most physicians did not participate in internships. In the 1920s, the hospital co-established fellowships in surgery and medicine with the University of Pennsylvania Graduate School of Medicine. Over the last 100 years, residency and fellowship programs at the hospital have evolved into transformational educational opportunities that reflect the highest level of medical standards, respond to community needs, and uphold the original values of excellence and one-on-one physician/faculty mentoring that Donald Guthrie, MD, established so long ago.

Over the last three years, Guthrie has added five new residency and fellowship programs: the Emergency Medicine Residency Program and Gastroenterology Fellowship Program in 2019, the Anesthesiology Residency Program and Pulmonary Disease and Critical Care Medicine Fellowship in 2020, and the Orthopaedic Surgery Residency Program in 2021. As of 2022, Guthrie had 135 residents and fellows at the hospital, nearly double the number of trainees there just five years before.

"To develop a new program, we need to balance the needs of the community and health care trends with our own resources. We have to make sure we have enough people on our staff to teach and enough patients to provide experience for these learners," says Jean Miner, MD, a general surgeon and Designated Institutional Officer (DIO) for Guthrie.

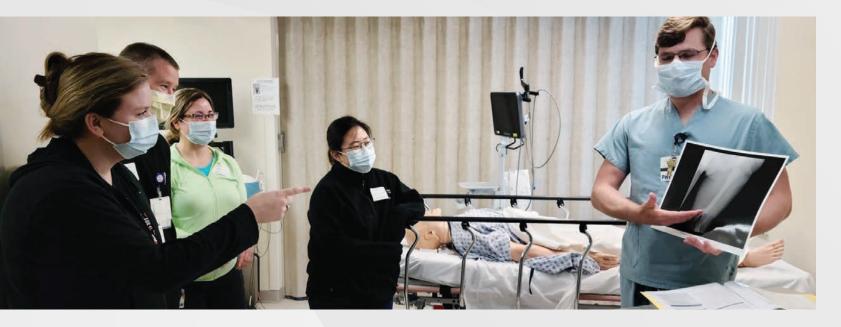
As DIO, Dr. Miner plays a key role in strategic planning and oversees Guthrie's medical training programs at the hospital, ensuring they are compliant with Accreditation Council for Graduate Medical Education (ACGME) standards.

When the hospital sought to introduce the Orthopaedic Surgery Residency Program, for example, the hospital provided reports on the number of orthopaedic surgeries performed at the hospital each year, as required by ACGME.

"We also had a lot of conversations with orthopaedic surgeons about the importance of education and training the next generations," Dr. Miner says. "What we've found with all of these programs is that teaching awakens the teacher inside all of us, and more and more of our attending physicians have reached out to work with residents, fellows, and medical students."

#### **Big City Expertise With a Small Town Feel**

In addition to its five new programs, Guthrie also offers residency programs at RPH in Family Medicine, Internal Medicine, General Surgery, Nursing, and Pharmacy, plus Administrative and Cardiovascular fellowships. Residents and fellows in all of Guthrie's programs often have



opportunities to work collaboratively; Anesthesiology residents work beside Emergency Medicine residents and Emergency Department physicians, for example.

Some of these programs – like Anesthesiology, Orthopaedics, Cardiovascular, and Pulmonary/Critical Care – are not offered at other nearby institutions, so they provide important opportunities for physicians and surgeons interested in practicing medicine in a rural area, those who grew up in Guthrie's service area and hope to practice here, and other physicians-in-training looking for big city expertise with a small town feel.

"Unlike many busy, big-city hospitals and health care systems, we all know one another," Dr. Miner says. "For our learners, it means seeing attending physicians and surgeons regularly in the halls, giving them opportunities to get to know specialty faculty who they can call if they encounter complex situations or patients."

Guthrie residents and fellows work beside clinicians while using the latest medical technology and participating in simulations that prepare them for treating patients in complex or high-stress scenarios - in a lower-stress learning environment. In addition to building camaraderie among multidisciplinary residents, fellows, and attending physicians, simulations allow learners to practice efficiency and learn who takes charge based on the situation.

Guthrie's medical education leaders have a five-year vision for expanding the simulation space to allow for structured learning and self-directed simulations in the lab.

"We'd love for learners to be able to go into the lab to practice a skill on our equipment whenever they want, but right now we are space constrained by the footprint at Guthrie Robert Packer Hospital," Dr. Miner says. "We'd also like to offer simulation opportunities for other learners, like physicianassistants-in-training and nurse practitioner students."

Guthrie is also in the early planning stages for a Endocrinology Fellowship, which leaders hope to move forward in the next year or two.

#### Helping Learners at Every Level Grow and Succeed

In addition to fellowship and residency programs, Guthrie offers internship programs for Geisinger medical students at the hospital, as well as the Guthrie Scholars program, which welcomes college and university students on pre-med or other health care tracks to campus.

"Norking with medical students allows physician faculty to have a big impact on future clinicians, helping to shape them as better physicians.



Jean Miner, MD General Surgeon, Designated Institutional Officer (DIO)

"Our goal is to start as early as possible with recruitment into our residency programs and workforce," Dr. Miner says. "Working with medical students allows physician faculty to have a big impact on future clinicians, helping to shape them as better physicians, so they can be successful in any area they choose. It's also refreshing to see our own residents and fellows teaching interns from Geisinger and younger students. It reinforces the knowledge of our residents and fellows and creates that essential teamwork."

Pre-med or health sciences students from Binghamton University and Wilkes University come to campus to shadow attending physicians and residents in the clinics, operating room, and other departments, and earn a full semester of college credits while undergoing an immersive experience.

"Often, the first year of medical school doesn't involve much clinical experience, so this gives them a taste of what their future may be like," Dr. Miner says.

When it comes to recruitment, Guthrie physicians and surgeons have extra confidence in their residents and fellows who sign with Guthrie as attending physicians and surgeons and also with interns and students who they have trained and who join Guthrie's residency and fellowship programs.

"For the residents and fellows, it's a three- to five-year interview process to determine if we'd want to have these physicians as partners," Dr. Miner says. "My colleagues and I get such enjoyment out of watching these residents go from new learners to experts, taking on obstacles and solving problems themselves."

Lifetime Contributors

Lifetime Contributors are those individuals, businesses and organizations that have made a cumulative commitment to Guthrie with total contributions of \$25,000 or more as of December 31, 2021.

\$100,000 - \$249,999

#### \$1,000,000 & Above

The Auxiliary of Corning Hospital Estate of Naomi Baumunk, in Memory of Emma Pavne Stebbins & Jane V. Hess Robert L. & Annabelle M. Bennett, Sr Dr. & Mrs. Stanley D. Conklin Corning Incorporated Corning Incorporated Foundation Estate of Edith J. Fulda Alan & Sandra Gerry Estate of Donald Guthrie, MD Emily B. Guthrie Guthrie Cortland Medical Center Auxiliary Guthrie Robert Packer Hospital Auxiliary Guthrie Towanda Memorial Hospital Auxiliary LPGA Corning Classic Frank L. Malfatti, In Honor and In Loving Memory of My Mother, Anita Malfatti Estate of Lucille F. Noteware Carl V.S. & Katherine A. Patterson Nicholas & Agnes Renzi Mr. & Mrs. Kenneth H. Taylor, Jr. Dr. John M. & Mrs. Betty A. Thomas

#### \$500,000 - \$999,999

Trust of Robert L. Bennett, Sr. Patricia Benson & the late Newman W. Benson Trust of John A. Dreves Estate of Katharine H. Faulkner Gutchess Lumber Company, Inc. J. M. McDonald Foundation. Inc Tioga Nursing Facility Auxiliary G. Henry Turrell, In Memory of Ellen E. Murphy Turrell

#### \$250,000 - \$499,999

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### Award for Residents and Fellows Established to Honor Former CEO

To honor the legacy of our recently retired President and CEO, Joseph Scopelliti, MD, more than \$200,000 was raised in 2021 for an endowed fund that has been established in his name: The Dr. Joseph A. Scopelliti Outstanding Clinician of the Year Award for Guthrie Residents and Fellows. This award recognizes any Guthrie resident or fellow who embodies Dr. Scopelliti's clinical excellence, leadership, commitment to the community, scholarly activity, and dedication to their area of clinical focus.

After more than 40 years of service as a gastroenterologist and physician-leader, Dr. Scopelliti retired from Guthrie in 2021. During Dr. Scopelliti's tenure as President and CEO, Guthrie achieved greater recognition across the region for exceptional patient care.

Dr. Scopelliti oversaw the opening of Guthrie Troy Community Hospital and Guthrie Corning Hospital, the technologically advanced intensive care and heart and vascular units at Guthrie Robert Packer Hospital, and numerous new medical office buildings throughout the region. He led system affiliations with Towanda Memorial Hospital and Cortland Regional Medical Center, expanding services and improving care for those communities. Dr. Scopelliti was also instrumental in establishing strategic relationships with the Mayo Clinic Care Network and the Geisinger Commonwealth School of Medicine.

To honor Dr. Scopelliti with a gift in support of Guthrie medical education programs for residents and fellows, visit guthrie.org/scholarship.



## **Dr. James M. Clark:** A Legacy of Giving

James M. Clark, who has a PhD in political science, moved to Cortland, New York, in 1979 to serve as the eighth president of the State University of New York College at Cortland, a position he held until his retirement in 1995. Dr. Clark and his wife. Patricia, quickly became notable figures within the community. Dr. Clark has been a longtime donor to the Cortland Memorial Foundation. In 2021, Dr. Clark made an extraordinarily generous donation to support the Foundation.

"I'm happy to give. I've been giving to the Higgins Society, which honors three generations of Higgins physicians at Guthrie Cortland Medical Center," he says. The Higgins Society is an organization dedicated to improving patient care programs, expanding health care services and facilities, and funding the purchase of state-of-the-art equipment. "Coincidentally, the last Higgins physician lived just one mile up the road from me, so I got to know him and his family personally."

Born in Michigan in 1930, Dr. Clark has spent roughly half his life in Cortland, a place he loves for its beauty, culture, and the friends he has made. He and his wife lovingly restored the home he still resides in, and Dr. Clark praises Cortland as a wonderful place to raise a family. He also acknowledges the community's challenges, noting that the area residents are experiencing many of the public health issues present nationwide, particularly challenges related to mental health.

"I want to support the health care professionals at our local hospital, which has served this community for over a century," Dr. Clark says.

Dr. James Clark, regular Cortland Memorial Foundation donor and former president of the State University of New York College at Cortland

#### **A Giving Heart**

Dr. Clark's generosity is influenced, in part, by both his experiences growing up during the Great Depression and his previous role as SUNY Cortland's president. When he first took on the SUNY Cortland position, the college had a budding charitable foundation that hosted its first formal fundraising campaign.

"The only reason it was so successful is because one graduate from the college had some money and wanted to do something meaningful with it," Dr. Clark says. "He put the fundraiser over the top, and we were able to refurbish the Old Main auditorium because of it. Now, the college has one big fundraising unit that just concluded a massive campaign. I realized that hospitals needed that same level of support."

Perhaps the biggest influence in Dr. Clark's life, though, has been his wife, who shared Dr. Clark's innate generosity and dedication to making a difference in the community.

"She was a very unusual person," Dr. Clark laughs, affectionately. "She was a natural leader, a natural feminist, and she was very involved in the community. She served on the board of YWCA Cortland, and in Maine, she ran for state legislator where no Democrat had won since the Civil War and only lost by 35 votes! I actually have a pile of plagues given to us in my garage, and she has more than I do."

#### **A Familiar Foundation**

Dr. Clark is no stranger to Guthrie Cortland Medical Center, even outside of his support for the Foundation. More than once, bike accidents have landed him at the Emergency Department, where he always received guality care. His most significant experiences with Guthrie Cortland Medical Center, though, were the days leading up to his wife's passing in 2016.

"I want to support the health care professionals at our local hospital, which has served this community for over a century."

"She spent her last 18 days in the hospital," Dr. Clark says. "We were very well treated by the people there. Deborah Nadolski, Executive Director of the Foundation, brought in Christopher Moheimani, MD, who gave us support and advice at a critical time, helping us make a very hard decision. It was a really wonderful thing that they did for us."

Dr. Clark also praises the nurses who helped care for Patricia. "I asked one nurse if she had been in the Army because she was so direct and helpful," he laughs.

#### A Good Life

Now in his 90s, Dr. Clark stays active and engaged in the community. He has several interests, including swimming, gardening, and winemaking; the latter has earned him medals at the New York State Fair. Dr. Clark also owns a digitized collection of 17,000 photos, some dating back to 1870. The collection includes travel and family photos.

"Family is absolutely the most important thing," says Dr. Clark, who has six children (including in-laws) and eight grandchildren. "Every day, I send my children one picture from the family's past."

Dr. Clark hopes to resume traveling this year after taking a break due to COVID-19. "We traveled a lot when I was university president, and after retirement, Patricia and I would take at least one annual trip. I'm hoping to visit Turkey this August or September."

For anyone considering donating to the Foundation or other good causes, Dr. Clark's advice is simple and succinct: "Just start. Small is okay, but be regular. Just start."



## **Foundations for the Future: Enhancing Early Childhood Education**

Guthrie is committed to supporting the communities and families we serve, and we recently partnered with local and regional educational experts to create an exceptional early education experience designed to build strong foundations for children that promote long-term health and success.

In partnership with Discover the World Children's Center and with consultation from U-GRO Learning Centres in Dauphin County, we opened the Foundations Early Learning Center in August 2021. Located near the corner of North Elmer Avenue and Bradford Street in Sayre, the Foundations Early Learning Center offers preschool and early childhood education programs housed in a beautiful building. The center accepts children ages 6 weeks to 12 years and offers extended-hour weekday programs. Many caregiver roles within Guthrie take advantage of this important service.

#### **Building Foundations for the Future**

The Foundations Early Learning Center's grand opening on July 28, 2021, gave community members the chance to hear about the center's goals and intended impact. Frank Pinkosky, the center's Executive Director for Community Projects, expressed hope that the center will elevate the standards for early childhood education in the community.

The center focuses on STEAM education, which emphasizes science, technology, engineering, the arts, and math. This approach encourages interdisciplinary thinking and better



prepares students to be productive members of society. The center also embraces a Blended Model<sup>®</sup> curriculum, which balances structured, teacher-directed learning with self-directed exploration, discovery, and play. This model helps children reach their full potential and meet or exceed developmental benchmarks.

Curricula vary by age group, as the center offers infant, toddler, preschool, and before- and after-school programs. Life skills are incorporated into each day's lessons, and children also have opportunities to learn Spanish or American Sign Language. The Foundations Early Learning Center also offers a summer program called Build, Dig, and Splash. For this program, structured educational and STEAM activities with weekly themes are combined with special activities and events, like playground picnics and water, sports, sensory, and spirit days.

#### **Creating a Remarkable Environment**

The Foundations Early Learning Center is operated by Executive Director Lisa Sheftic, who says the center aims to create interactive, engaging indoor and outdoor experiences. The 15,000-square-foot facility boasts 10 beautiful, bright, and modern classrooms that can comfortably accommodate 152 children in total. There is a 1,800-square-foot indoor play space and a 12,000-square-foot outdoor playground, which was custom-designed for the center. The outdoor playground is accessible from each classroom, and the center's entire campus is protected by building perimeter and secure access systems. Each team member is devoted to building a positive environment where children are safe, loved, nurtured, and learning.

1 ncbi.nlm.nih.gov/pmc/articles/PMC2690118/

2 cdc.gov/policy/opaph/hi5/earlychildhoodeducation/index.html

All preschool and school-age classrooms at the Foundations Early Learning Center are equipped with digital tools like Smart Boards and iPads. Center staff use technology to help children expand their imagination and creativity, develop vital math and literacy skills, and engage with one another. All content is educational and ageappropriate, and screen time is limited to 10 minutes of individual use per day or 20 minutes for group activities.

#### **Supporting Our Communities'** and Families' Futures

The Foundations Early Learning Center's mission is to provide the best possible early childhood experience and curriculum to our community to create beneficial foundations for the future. Early childhood education not only prepares children for academic success, but it can also lead to improved health and well-being through every stage of life.<sup>1,2</sup> By enhancing the early learning opportunities available for local children, we also hope to improve the community's long-term health.

The Foundations Early Learning Center is a cornerstone of Guthrie's Sayre Revitalization Initiative, which aims to support community growth by creating vibrant areas that offer resources for families and individuals to thrive. It is a long-term initiative that we encourage others to build on in the years to come. Our hope is that this center will provide needed support for professionals with young children and will create positive experiences for children that encourage them to put down family roots in Sayre as adults.

Annual Donors

Annual Donors are those individuals, businesses, and organizations that have made a commitment to Guthrie with a contribution of \$250 or more as of December 31, 2021. *Our 1910 Society donors demonstrate their passionate support of Guthrie's excellence by making an annual donation to Guthrie of \$1,000 or more.* 

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### Jim Nagel: **Supporting** the Sayre House of Hope

Since its establishment in 2007, the Sayre House of Hope has provided Guthrie patients and their families who travel a long distance to receive care with a comfortable, affordable lodging option. Located across the street from Guthrie Robert Packer Hospital, the Sayre House of Hope reflects the high-quality care, dedication, and compassion that Guthrie shows to all its patients.

In 2021, Jim Nagel, a retiree with experience as a military officer and a leader at Corning Incorporated, underwent a series of surgeries at Guthrie Robert Packer Hospital to treat glaucoma. He stayed at the Sayre House of Hope multiple times during his treatment, prompting him to make a generous donation to the facility.

#### **A Welcome Place to Stay**

As a longtime resident of Central New York, Nagel faced a long drive to get back and forth to his appointments. When he met with his ophthalmologist, Jennifer Coben, MD, and she advised him that he would need surgery with a followup appointment the next day, he was in a bit of a bind.

"I live in a rural area, about an hour and 20 minutes away from Sayre," Nagel says. "I was going to use a taxi to get back and forth, but when the hospital found out, they told me I couldn't do that," he laughs.

Instead, they referred him to the Sayre House of Hope, where he could stay overnight after his procedure. Having never heard of the facility previously, he wasn't sure what

to expect. "I was updating my wife, and I called it a 'halfway house,' which I think worried her. But when I saw it for the first time, I realized it was nothing like I'd expected."

After his first surgery for glaucoma in March, Nagel stayed at House of Hope for the first time. "After the surgery, a nurse walked me over there. It was a wonderful, safe, cozy spot to stay for the night. It had a full kitchen where you could cook, a wonderful dining room setup, and a beautiful living room. It was all very clean, too. It felt like a home."

One of the most memorable parts of his visit was the friendliness and professionalism of Elizabeth "Liz" Hibbard, Resident Manager of the Sayre House of Hope.

"Liz was great. She seemed truly interested in what I was going through, without probing or being invasive," Nagel says. "She just let me talk and was a great listener, very respectful. I even tried to leave her a tip after my first stay there, but she refused to take it and donated it back to Guthrie. Her integrity is astounding."

Nagel stayed at the Sayre House of Hope again in April, August, and October after his additional surgeries. "I have been very pleased with the doctors, nurses, and other staff involved in my care," he says. "I also can't say enough how relieving it was to check in at the Sayre House of Hope, walk across the street for surgery, have a nurse walk me back afterward, walk over for my follow-up the next day, and then walk back to my car and head home. I was able to focus on the surgery."

#### **An Impactful Medical System**

Staying at the Sayre House of Hope meant Nagel didn't have to worry about driving several hours each day, trying to arrange a taxi, or imposing on neighbors, friends, or family. His wife, also a retired executive with an impressive career history, had peace of mind knowing he was staying somewhere clean and safe, too.

Nagel's eye procedures aren't the only experiences he and his family have had with Guthrie. In 2018, his wife had ankle surgery at Guthrie Robert Packer Hospital, and Jim has received care at Guthrie facilities in Corning, Big Flats, Sayre, and Ithaca.

"I've been pleased with and impressed by every Guthrie facility I've been to," Nagel says. "Their quality, consistency, friendliness, and positivity have always created good experiences."

"Gou're not just supporting the house, but the people who need it during what could be one of the worst times in their lives. You're helping patients and families be close to their providers or loved ones, so they can be available no matter what happens.

Jim Nagel, generous donor to the Sayre House of Hope

He also speaks highly of the benefits Guthrie provides to the community. Having worked at Corning Incorporated for many years, he notes that Guthrie's presence is a key factor in businesses' ability to attract high-level talent to the area.

"Corning Incorporated has its headquarters and a research facility in the region, with some of the country's best minds and scientists," Nagel says. "The quality of care that Guthrie provides is essential to creating a high quality of life that appeals to those great minds who contribute to the community."

#### **A Worthy Cause**

Now retired for roughly eight years, Nagel spends his free time working on house projects, building a variety of items, and visiting baseball parks throughout the country. He also enjoys art and history museums and National Historic sites.

Of his desire to support the Sayre House of Hope, Nagel says, "I thought of the people who need this, people who may not have a lot of resources, and what having this facility that's so close and inexpensive could mean to them."

To anyone considering donating, he adds, "You're not just supporting the house, but the people who need it during what could be one of the worst times in their lives. You're helping patients and families be close to their providers or loved ones, so they can be available no matter what happens."

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The 1910 Society has been created to recognize donors who demonstrate their passionate support of Guthrie's excellence by making an annual donation to Guthrie of \$1,000 or more.

Through educational and social events, members become informed community leaders, able to share information and the perspectives of both the community and the network. Through the generous

support of 1910 Society members, Guthrie can make improvements to facilities, provide the latest technology and equipment, enhance services offered, participate in groundbreaking research, and much more. Your support directly impacts the care we can provide to our patients, ensuring Guthrie continues its tradition of providing high-quality health care close to home.

### **The Path Forward**

As Guthrie's Director of Resource Development. I want to express how much your support means to Guthrie and the communities that we're privileged to serve. Due to your generosity, we have been able to better respond to our communities' needs, expand our services and locations, and support our health care heroes through the toughest of times. With 2021 behind us, we are turning our eyes to the future and the path forward.

Over the next five years, Guthrie will implement a new strategic plan that builds on our successes of the past and serves as a bold roadmap for our future. The next five years will be some of the most audacious in Guthrie's history and advance our ability to serve our communities in the most meaningful ways.

To achieve this, we will continue to deliver exceptional care and experiences consistently across the Guthrie enterprise and attract, train, and retain top talent to serve our patients. We will also meet the evolving needs of the communities we serve through expansion and the implementation of new models of care to improve access for all.

As we move forward, we will exemplify our vision of providing safe, affordable, and accessible care throughout the region. Every Patient. Every Time. Your continued support and advocacy will be critical to our success and have a profound impact on our patients. We are excited to start the next chapter of Guthrie's evolution, and we hope you will embark on this journey with us.

On behalf of all of us at Guthrie, thank you again for your generous support.

#### Tricia Huston

Director of Guthrie Resource Development



# The Path Forward



Resource Development One Guthrie Square Sayre, PA 18840 570-887-4420 resource\_development@guthrie.org www.Guthrie.org