

2026 GUTHRIE SYSTEM



11,000 Square Miles

1,000+ providers

78 Regional Offices

14 Regions

16 Residency and Fellowship Programs

6 Hospital Campuses

Thousands of Lives Touched





Guthrie's Simulation & Advanced Skills Institute (SASI) equips health care professionals with cutting-edge training in a state-of-the-art, multidisciplinary facility.

42 PROGRAMS UTILIZING SASI

- Including Guthrie residencies and fellowships
- University and college students
- Guthrie Scholars, high school students, and Bring Your Child to Work Day
- Operating room, prep and recovery and SPD
- ICU, EMS, and Lourdes Paramedic
- Services: OB/GYN, walk-in, oncology, PT, plastic surgery, neurology, OMFS, stroke, and trauma



2,472+
learners served



394
training sessions
including cadaver labs,
porcine labs, and
in-situ sessions



Satellite SASI
@ Lourdes



Through advanced cadaver lab training, I continue refining complex surgical techniques to ensure the highest level of care as one of the primary facial trauma surgeons at our Level I Trauma Center. It has also helped me to prepare for an upcoming mission trip to the Ukraine, where I am honored to perform craniofacial surgery for children with severe facial abnormalities—providing life-changing care otherwise inaccessible due to the ongoing war."



John M. Sands, MD, DDS
Oral & Maxillofacial Surgery



PHYSICIAN-LED PATIENT-CENTERED CARE

Guthrie follows a model of care inspired by our founder, which places patients at the heart of everything we do. Our physician-led approach ensures that medical professionals are at the forefront of decision-making processes, providing the best possible care for our patients.



Edmund Sabanegh, Jr., MD
President and CEO



LEARNING AND EDUCATION

At Guthrie, we take pride in shaping the future of medicine through our robust residency and fellowship training programs. With over 152 residents and fellows across 16 residency and fellowship programs, we are dedicated to cultivating the next generation of physicians.



Jean F. Miner, MD, MHA, MMEL, FACS
Chief Academic Officer, The Guthrie Clinic
Assistant Professor, GCSOM - General Surgery



Subash Ghimire, MD
Assistant Designated Institutional Official,
Guthrie Robert Packer Hospital



John C. Welch, Jr., DO, FACOFP, FAAFP
Designated Institutional Official/Director
of Medical Education,
Guthrie Lourdes Hospital

11 RESIDENCY PROGRAMS

5 FELLOWSHIP PROGRAMS

In spring 2025, our residency programs marked two milestones: the first graduating classes of the Endocrinology, Diabetes & Metabolism Fellowship and the Orthopaedic Surgery Residency Program. This achievement coincides with The Guthrie Clinic's 100th year of orthopaedic care, reflecting a century of dedication and expertise.



"Building a century-long legacy requires commitment, visionary leadership, and exceptional expertise," said Dr. Joseph Choi, Chair, GMG MSK Service Line. "We're proud to celebrate our inaugural graduates and the future of our residency program."



GUTHRIE BY THE NUMBERS

July 1, 2024-June 30, 2025



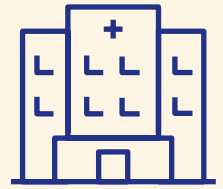
1.90M

Patients Seen at
Medical Group Offices



154,898

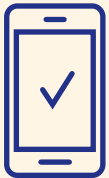
Emergency
Department Visits



35,971

Hospital
Admissions

We make care more convenient:



392,370

Self-Scheduled
Appointments



337,341

eGuthrie Users

We help grow families:



2,154

Births

We offer specialized care closer to our patients' homes:



58,405

Outpatient
Surgeries



10,238

Orthopedic
Surgeries



11,495

Cancer Patients
Treated



5,052

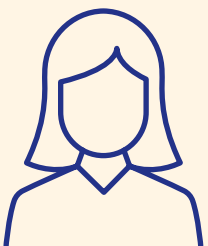
Urology
Procedures/Surgeries



804,285

Primary Care
Visits

We're employing and educating talented people including:



9,945

Total Caregivers



1,583

Registered Nurses



1,016

Providers



208

Resident, Fellows and
Medical Students

LEADING THE WAY IN INNOVATION, INVESTMENT AND EXCELLENCE

INNOVATION



Epic

Guthrie is proud to have achieved Epic Gold Stars Level 10 for six straight years. Continuing to invest, we've added advanced modules such as Willow for Pharmacy and Wisdom for Dental. Guthrie EpicCare Link is one of the region's most comprehensive EpicCare Link platforms for referring providers and their staff.

Pulse Center

The Pulse Center is a cutting-edge virtual care hub, combining technology and expertise to deliver safe, efficient, and compassionate patient care.



17,000
communication technician calls per month (made and received)



>86%
outside transfer acceptance rate



ICU
stays reduced by 1/2 day



Remote Patient Monitoring (RPM): 200+ patients are enrolled for CHF, COPD, and HTN, achieving a 30-day readmission rate >6% lower than patients who were not enrolled in the RPM program.



40+ Clinical Trials

One of our newest oncology clinical trials is the Lily Device, which uses compression therapy to limit the amount of chemotherapy reaching hair follicles, aiming to reduce hair loss.

INVESTMENT



THE EDGE:

\$4M investment
VARIAN EDGE™ LINEAR ACCELERATOR: a new radiation therapy system at Guthrie Sayre.



DAVINCI ROBOT SYSTEM AT GUTHRIE LOURDES:

\$2M investment
A second system complements Guthrie's advanced surgical robotic capabilities, including Mazor X and Mako.



CORTLAND RENZI HEALTH CAMPUS:

\$10M investment
Bringing specialty and primary care together under one roof.

EXCELLENCE

49
Quality/Safety/Experience awards in FY25



Guthrie Lourdes Hospital



Guthrie Robert Packer Hospital



Guthrie Troy Community Hospital

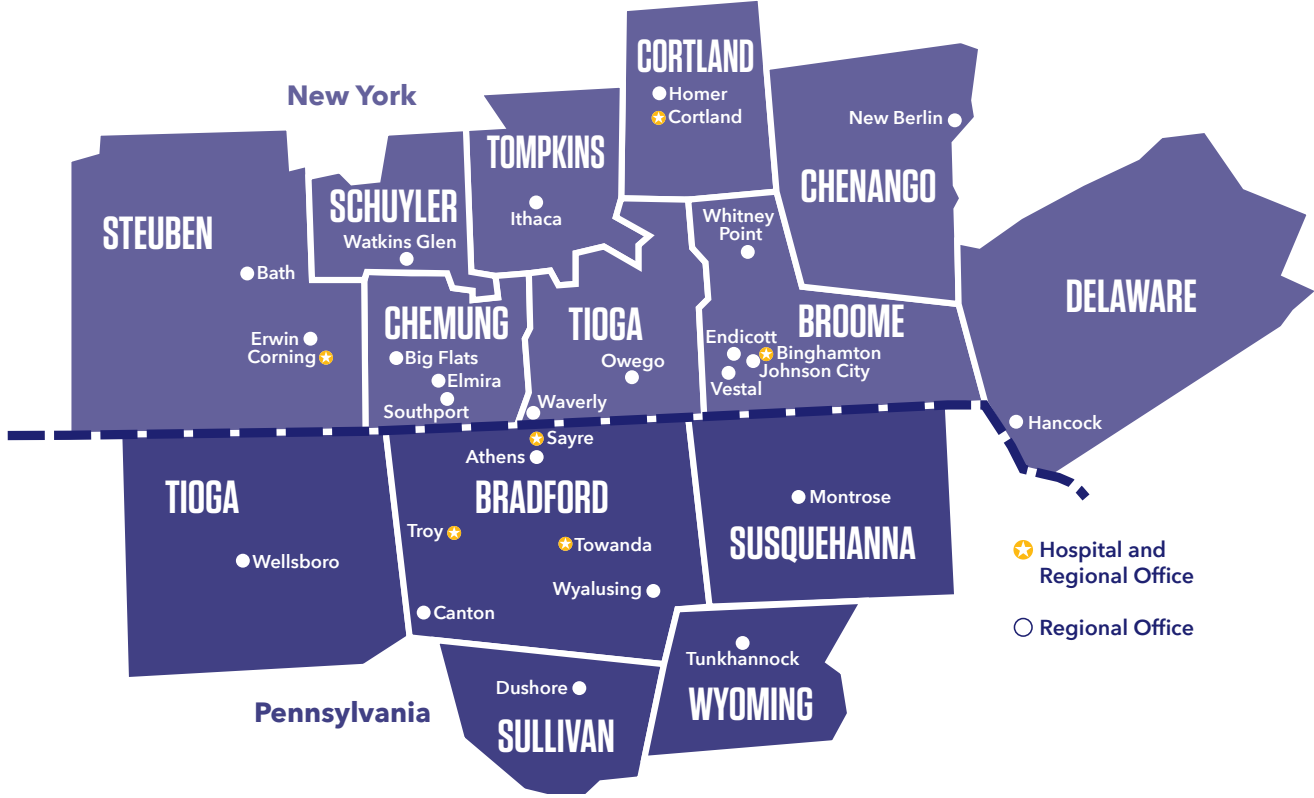


Guthrie Cortland Medical Center



Guthrie Cortland Medical Center

PUTTING QUALITY CARE ON THE MAP



GUTHRIE CARDIAC AND VASCULAR CARE

REIMAGINING ACCESS, INNOVATION, PATIENT-CENTERED CARE



Over 3,600 Cardiovascular Procedures Performed Last Year
Largest Cardiovascular Team in the Area:

- 18** MEDICAL CARDIOLOGISTS
- 5** INTERVENTIONAL CARDIOLOGISTS
- 5** VASCULAR SURGEONS
- 4** CARDIOTHORACIC SURGEONS
- 31** ADVANCED PRACTICE PROVIDERS
- 6** CARDIOVASCULAR FELLOWS

The Guthrie Clinic proudly announces a significant advancement in regional vascular care with the successful completion of its first GORE® EXCLUDER® Thoracoabdominal Branch Endoprosthesis (TAMBE) procedure at Guthrie Robert Packer Hospital.

Learn more by scanning the QR code.



We are excited to introduce Cardiothoracic Surgery care at Guthrie Lourdes with Dr. Cahill and Dr. Sadeghi, bringing specialized cardiothoracic clinics and thoracic procedures to the Binghamton community.



John Sadeghi, MD
Cardiothoracic Surgery



Joseph Cahill, DO
Cardiothoracic Surgery

Guthrie is also excited to welcome four new medical cardiologists, along with one new interventional cardiologist, further strengthening our commitment to providing exceptional cardiac care in the region.



Venkata Ravi S Akula, MD, MBA, FACC, FASNC
Non-invasive Cardiology
Ithaca and Cortland, N.Y.



Umit Gomceli, MD, FACC, FASE
Non-invasive Cardiology
Corning, N.Y., and Sayre, Pa.



Mukesh Sharma, MD, FACC
Non-invasive Cardiology
Cortland, N.Y.



Syed Hamza Waheed, MD
Non-invasive Cardiology
Binghamton, N.Y.



Owais Ahmed, MD
Interventional Cardiology
Binghamton, N.Y., and Sayre, Pa.



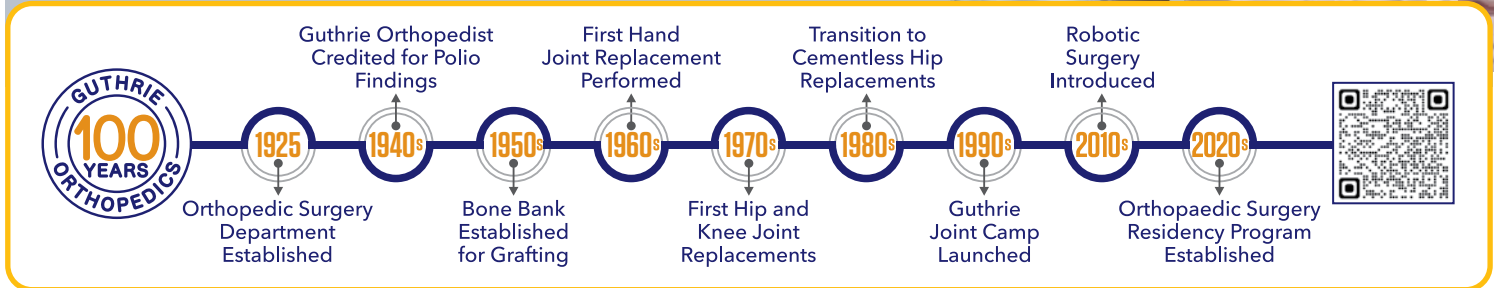
To learn more about Guthrie cardiac and vascular care services, scan the QR code.

GUTHRIE ORTHOPEDICS

TRUST THAT SPANS A CENTURY

This year, Guthrie Orthopedics celebrates an important milestone - 100 years of patient care. From pioneering joint replacements to training future leaders, our orthopedic team's legacy of innovation, education, and patient-centered care continues to shape orthopedic medicine.

We've grown into an award-winning program with 19 clinics and a comprehensive range of services.



NEW ORTHOPEDICS LOCATION IN MONTROSE, PA.

In May 2025, Guthrie Montrose Orthopedics opened at the Endless Mountains Health Systems (EMHS) campus, with two orthopedic surgeons and one advanced practice provider offering sports medicine, arthroscopy, fracture care, spine care and other general orthopedics care, including outpatient surgeries. Patients needing advanced or inpatient surgeries are referred to Guthrie Lourdes Hospital in Binghamton.



Mohamed Al Saied, MD



Kimona Issa, MD



Joshua Wilbur, PA-C

WELCOMING HAND AND UPPER EXTREMITY SURGEON

We are pleased to welcome fellowship-trained hand and upper extremity surgeon Salvatore Cavallaro, MD, to Guthrie Ithaca and Cortland Orthopedics as of September 2025. Dr. Cavallaro provides comprehensive care for a variety of hand, wrist, elbow and shoulder conditions. With his addition, Guthrie is now the only orthopedic program in our service area offering shoulder replacements using computer-assisted navigation technology. This GPS-guided technique improves the planning and implantation processes through increased efficiency.



Salvatore Cavallaro, MD, DC