

Community Health Needs Assessment (CHNA)

Annual Implementation Strategy

Robert Packer Hospital
One Guthrie Square, Sayre, PA 18840
FY2022

General Information

Contact Person: Joseph Sawyer

Date of Written Plan: August 30, 2021

Date Written Plan Was Adopted by Organization's Authorized Governing Body: September 16, 2021

Date Written Plan Was Required to Be Adopted: November 15, 2021

Authorizing Governing Body that Adopted the Written Plan: Robert Packer Hospital Board of Directors

Name and EIN of Hospital Organization Operating Hospital Facility: Robert Packer Hospital 24-0795463

Address of Hospital Organization: One Guthrie Square, Sayre, PA 18840

I. Purpose of Implementation Strategy

This Implementation Strategy has been prepared to comply with federal tax law requirements set forth in Internal Revenue Code section 501(r) requiring hospital facilities owned and operated by an organization described in Code section 501(c)(3) to conduct a community health needs assessment at least once every three years and adopt an implementation strategy annually to meet the community health needs identified through the community health needs assessment. This Implementation Strategy is intended to satisfy each of the applicable requirements set forth in proposed regulations released April 2013.

II. List of Community Health Needs Identified in Written Report

List of Community Health Needs Identified in CHNA Written Report, Ranked by CHNA's Priority:

- Access to Mental Health Care (focus: substance abuse)
- Cancer Incidence - Lung
- Obesity
- Preventable Hospital Events
- HIV Screenings

III. Health Needs Planned to Be Addressed by Facility

List of Significant Health Needs the Facility Plans to Address include:

- Access to Mental Health Care (focus: substance abuse)
- Cancer Incidence - Lung
- Obesity

Please refer to the attached tables which provide a detailed description of intervention actions (including collaborative efforts), population description, Guthrie resources utilized, and evaluation tools by measurable effectiveness criteria. These tables are stratified by priority health need.

IV. Health Needs Facility Does Not Intend to Address

List of Significant Health Needs the Facility Does Not Plan to Address include:

- Preventable Hospital Events
- HIV Screenings

Due to available resources these needs will not be addressed through an implementation strategy in the subsequent fiscal years. However, due to the overlap in disease etiology between the identified priority needs and these needs an impact is anticipated. Additionally, three interventions present in the FY 2021 Implementation plan were not included in the FY 2022 Implementation Plan as constraints due to COVID-19 will limit the ability to develop and provide these interventions (FY 2021 Obesity Intervention #4 and Mental Health Care Interventions #3 and #7).

FY2022 Robert Packer Hospital Implementation Strategy- Priority Need Obesity

	Intervention Description	Population Description	Effect Measure	Evaluation of Intervention	Program Frequency
Intervention #1	<p>Intervention #1: Provide standardized education to primary care providers regarding ways to treat and counsel overweight and obese patients.</p> <p>The program will be offered face to face by a Guthrie Bariatrician. The purpose of this program will be to provide primary care providers with resources to successfully counsel patients about their weight (expand Obesity Care into Primary Care).</p> <p>Suggested Core Competencies for the Primary Care Providers (PCP) will include:</p> <ol style="list-style-type: none"> a. Evaluation and treatment of the obese patient (adult and pediatric) b. Dietary therapy for the obese patient c. Pharmacotherapy for the obese patient d. Common medications and their effect on weight loss e. Writing an exercise prescription f. Including obesity management in your clinical practice – including reimbursement g. Coding and billing for obesity related services 	<p>Population: Guthrie PCP network that covers Bradford, PA, Tioga, PA, Chemung, NY, and Tioga, NY counties.</p> <p>Clients receive intervention within the PCP office or in the community.</p> <p>Sample Size per class may vary dependent upon outreach facility and provider involvement.</p>	<p>Continue core curriculum as described, including progress note templates and counseling materials/meal plans</p>	<p>Evaluate protocol specified clinical (patient) and provider outcome measures</p>	<p>Annually</p>

FY2022 Robert Packer Hospital Implementation Strategy- Priority Need Obesity

	Intervention Description	Population Description	Effect Measure	Evaluation of Intervention	Program Frequency
Intervention #2	<p>Intervention #2: Provide a Community Garden</p> <p>The Community Garden provides food to families with food insecurities that are identified by the Guthrie Weight Loss Center and distributed to those in need through a partnership with the local food pantry.</p> <p>Expansion of the Community Garden planned:</p> <ol style="list-style-type: none"> a. Pilot a Food Pharmacy Program b. Offer educational community classes c. Encourage local student involvement d. Establish a Pollinator Garden 	<p>Population: Community members from Bradford, PA, Tioga, PA, Chemung, NY, and Tioga, NY counties and Guthrie Employees.</p>	<p>The number of families that receive food from the Community Garden.</p>	<p>Assessment of food pharmacy program and identification of families with food insecurities by tracking total number of individuals/families identified that receive food from the Community Garden relative to previous years.</p>	<p>Annually</p>
Intervention #3	<p>Intervention #3: Continue partnership with GoNoodle, a company that provides online movement videos and games, to get elementary age kids moving more at school and at home. The goal is to increase physical activity among kids.</p> <p>Guthrie is fully funding the cost of GoNoodle's premium version, GoNoodle Plus, for 185 public and private elementary schools in the region.</p>	<p>Population: Elementary age children from Bradford, PA, Tioga, PA, Chemung, NY, and Tioga, NY</p>	<p>Count of students active across the 185 schools</p>	<p>Measure the percentage of addressable market</p>	<p>Annually – Ongoing</p>
Intervention #4	<p>Intervention #4: Continue community fitness activities including the Annual Turkey Trot, Guthrie Gallop, and Guthrie Wineglass Marathon</p>	<p>Population: Community members from Bradford, PA, Tioga, PA, Chemung, NY, and Tioga, NY</p>	<p>Count of attendees at each event</p>	<p>Evaluate community attendance relative to previous years</p>	<p>Annually – Ongoing</p>

FY2022 Robert Packer Hospital Implementation Strategy- Priority Need Obesity

	Intervention Description	Population Description	Effect Measure	Evaluation of Intervention	Program Frequency
Intervention #5	<p>Intervention #5: Increase public awareness about healthy living and eating in a family-friendly environment</p> <p>The "Food Farm Family Festival" held annually in August features free family fun, food samples, cooking demonstrations, Farmers' Market items, community organizations and more. The event teaches and encourages healthy living and eating choices.</p> <p>The event is offered free to the communities Guthrie serves.</p>	<p>Population: Community members from Bradford, PA, Tioga, PA, Chemung, NY, and Tioga, NY</p>	<p>Count of attendees at the festival</p>	<p>Evaluate community attendance relative to previous years</p>	<p>Annually</p>
Intervention #6	<p>Intervention #6: Focus on the promotion and addition of healthy options and menus in Guthrie hospital cafeterias.</p> <p>In addition to serving size and nutrition facts, provide labeling and information to indicate foods that are vegetarian, appropriate for those with gluten sensitivity or a Guthrie Good Healthy Choice pick.</p> <p>Promote healthy menus and food choices through the "Motivational Monday" initiative and other cafeteria- led initiatives designed to help patrons make healthier eating choices.</p>	<p>Population: All Guthrie employees and general public in Bradford, PA, Tioga, PA, Chemung, NY, and Tioga, NY</p>	<p>Count of healthy food options that become available.</p>	<p>Evaluate and track the number of healthy options added to menus and overall consumption of healthy alternatives</p>	<p>Annually</p>

FY2022 Robert Packer Hospital Implementation Strategy- Priority Need Cancer Incidence - Lung

	Intervention Description	Population Description	Effect Measure	Evaluation of Intervention	Program Frequency
Intervention #1	<p>Intervention #1: Increase public awareness about lung cancer including preventative measures.</p> <p>Guthrie hosts "Shine a Light on Lung Cancer" Event(s) in collaboration with the Lung Cancer Alliance. The forum promotes lung cancer awareness and remembrance for all those touched by the disease.</p> <p>The event will focus on community education on lung cancer, including facts, prevention, and treatment. Speakers will include Guthrie providers, survivors, and invited lecturers. Speakers will highlight advancements in lung cancer screening and treatment.</p> <p>After the speakers present an open discussion regarding lung cancer prevention, smoking cessation and lung cancer screenings will occur.</p>	<p>Population recruited by community notifications: Community members in Bradford, PA, Tioga, PA, Chemung, NY, and Tioga, NY</p>	<p>The number of participants attending program will be documented</p>	<p>Increase in number of participants attending from last year</p>	<p>Annually</p>
Intervention #2	<p>Intervention #2: Promote the health and wellness of employees, patients, and communities through tobacco cessation.</p> <p>Provide smoking cessation resources to employees and community members who wish to quit, including quit aids, therapeutic counseling, relapse prevention counseling, and access to mental health professionals.</p> <p>Enforce and Encourage TGC Policy of tobacco-free environments on all Guthrie campuses.</p>	<p>Population: All Guthrie employees and general public in Bradford, PA, Tioga, PA, Chemung, NY, and Tioga, NY</p>	<p>The number of individuals receiving/ accessing tobacco cessation resources</p> <p>The number of individuals that cease use of tobacco products</p>	<p>Assessment of the number of individuals who reportedly received tobacco cessation resources and quit within one year</p>	<p>Annually-Ongoing</p>

FY2022 Robert Packer Hospital Implementation Strategy- Priority Need Cancer Incidence - Lung

	Intervention Description	Population Description	Effect Measure	Evaluation of Intervention	Program Frequency
Intervention #3	<p>Intervention #3: Promote the importance of lung cancer screening and treatment.</p> <p>Inform and educate high-risk populations about lung cancer screenings (patients who are 55 - 80 years of age, have a 30-pack history of smoking, and are a current smoker or have quit within the last 15 years).</p> <p>Promote earlier detection of lung cancer with the goal of more successful treatment.</p>	Population: All Guthrie lung cancer screening patients	The number of high-risk patients receiving appropriate lung cancer screenings	Measure increase in lung cancer screenings from previous year for high-risk patients	Annually-Ongoing

FY2022 Robert Packer Hospital Implementation Strategy- Priority Need Access to Mental Health Care

	Intervention Description	Population Description	Effect Measure	Evaluation of Intervention	Program Frequency
Intervention #1	<p>Intervention 1: Use Patient Health Questionnaire-9 (PHQ-9) to evaluate depression in patients when appropriate.</p> <p>Use PHQ-9 as a clinical and research tool to evaluate and measure depression severity in patients. The resulting score for the questionnaire depicts a patient's clinical need for mental health care.</p> <p>Use PHQ-9 screening tool based on scores to determine if a mental health referral is justified.</p>	Population: Patients receiving the PHQ-9 tool	Track the number of patients assessed by the PHQ-9 tool	The number of patients who are referred to a Mental Health Provider after completion of the Patient Health Questionnaire-9	Annually-Ongoing
Intervention #2	<p>Intervention #2: Continue collaboration with CASA/Trinity.</p> <p>Working with CASA/Trinity, provide education to Guthrie Social Workers, Crisis Workers and Care Coordinators on local resources and other drug and alcohol topics as identified. Through enhanced collaboration and education provided by Trinity, care transitions for patients with drug and alcohol dependency needs will be improved.</p>	Population: Guthrie Providers and Patients	<p>Number of referrals</p> <p>Evaluate the referral process into Trinity from Guthrie.</p>	<p>Number of collaborative events between Guthrie and CASA/Trinity</p> <p>Continuous evaluation of referral process</p>	Annually-Ongoing

FY2022 Robert Packer Hospital Implementation Strategy- Priority Need Access to Mental Health Care

	Intervention Description	Population Description	Effect Measure	Evaluation of Intervention	Program Frequency
Intervention #3	<p>Intervention #3: Provide provider education for opiate prescribing and management.</p> <p>Address the appropriate prescribing practices of opiates. Education will include information such as the various types of opiates, drug duration, hazards of long-term use, etc.</p>	Population: Guthrie Providers	The number of providers receiving education to combat the epidemic of opioid abuse in Guthrie communities	Count of providers receiving education on opiate prescribing	Annually-Ongoing
Intervention #4	<p>Intervention #4: Implement changes in discharge planning process to increase patient access to substance abuse resources</p> <p>Implement discharge planning process changes to include contact information for substance abuse resources. Additionally, if the patient consents, staff or Social Work will initiate the appointment making process.</p>	Population: Guthrie Patients	The number of discharges created with contact information for substance abuse resources	The number of patients that allow staff social work to initiate resource contact	Annually-Ongoing
Intervention #5	<p>Intervention #5: Continue drug disposal and events promoting safe drug disposal using safe disposal units</p> <p>MedSafe® drug disposal units are installed for use at multiple Guthrie hospitals. MedSafe® drug disposal units allow for safe and anonymous disposal of unused or expired medications by community members. The units are available for the community during pharmacy hours.</p> <p>“Opioid Take Back Day” is an annual event that utilizes the MedSafe® bins to encourage employees and community members to clean out unneeded medications from their medicine cabinets and drop them in the bin at the pharmacy to be disposed of properly. The focus on this day will be on the safe disposal of opioids to help prevent the misuse of these drugs in light of the recent epidemic of opioid abuse in our communities.</p>	Population: Community members in Bradford, PA, Tioga, PA, Chemung, NY, and Tioga, NY	Monthly use of MedSafe® drug disposal units	The frequency in which the MedSafe® drug disposal units need to be emptied will be evaluated to determine what other resources are warranted	Annually-Ongoing